LEMON GROVE REVIEW

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The DIMMER VIEW

by Max Goodwin

'Peace' in the Middle East

At almost any sports event the promoters provide programs by which the observers may recognize the players and get a line on the teams.

Historians should be able to do as well. Their problem, however, is that they wait until too long after the game is over to set the scene.

The Israeli-Egyptian war for example. The interim agreement, specifically. It can be more understandable by bringing it into perspective.

Israel has agreed to give up the Abu Rudeis oil fields in the Sinai Desert and withdraw its forces 12-15 miles. The Mitla and Gidi mountain passes have been relinquished.

The U.S. will become physically involved by installing American personnel in the two passes to operate early-warning systems. And, according to the U.S. Press Service, it is evident that large-scale commitments in economic and military assistance have also been made.

On the other team, Egypt has agreed to an annual renewal of the U.N. buffer forces in Sinai for the next three years, to open the Suez Canal to Israeli cargos, and to a mutual pledge with Israel not to resort to force to resolve disputes.

These agreements were headlined as peaceful settlements but they are no breakthrough to peace. A more logical definition is that the agreement postpones war for a while at least.

None of the factors that makes the Middle East a powder keg has been altered. There is no Israeli commitment to ultimate withdrawal from all captured territories, as demanded by the Arabs. There is no prospective solution to the Palestinian problem, and not even a hint of any change in the status of Jerusalem. These festering sores remain.

And the pledges of U. S. support that Israel has exacted will cause even more future resentment in the Arab world if Israel now elects to stand pat indefinitely on the present boundaries, which seems very likely.

Given the general Arab temper, Egyptian President Sadat may be overthrown, or even assassinated if his moderate policy brings benefits for no one but Egypt. And Soviet negotiators are not likely to leave the field to Henry Kissinger. Moscow's theme can already be seen in a document of the Egyptian Communist Party. It says that Sadat's "retreat" in the face of Israel and his "compromise with imperialism and Zionism" must be opposed.

Egypt possibly signed the accord because it wins back the oil fields without fighting — a situation she is not presently prepared to risk.

Israel signed it because to do otherwise would contaminate her relations with the U.S. and jeopardize her indispensible source of arms. The Israelis are among the world's most skilled bargainers and appear to have exacted a very high price from the U.S. for the little that has been surrendered. The settlement, it could be said, was bought and paid for in Washington.

Kissinger is entitled to his fair share of credit for what has been achieved but it should be agreed that the U.S. would be better off without the agreement. But it is certainly preferable to immediate war, though the current relative Arab inferiority would have made this rather unlikely in any event.

A momentary oasis, certainly, but there should be no illusions and no cheering yet.

The basic situation which has been the threat to peace and stability remains in the Middle East.

And on this note today's chapter on current history is concluded. But the next move by either side will require rewriting the program.

33 Join Chamber in Week; Pothole Plan on the Rocks

The Lemon Grove Chamber of Commerce had great praise for Cricket Clagget and Vivo Bennett at last week's meeting of the board of directors. It was announced that the couple had all but relieved the Chamber of its current financial crisis by persuading 33 Lemon Grove merchants to join its ranks in less than a week.

The Encanto duo was hired on a commission basis to ferret out the 600-plus businesses in the area that were not presently Chamber affiliated.

Their efforts raised a total of $986, $228 of which pays their commission. The $757 netted by new members was more than $250 above the goal set to meet expenses for the rest of this year.

The membership drive continues through the month of October.

The list of new or returning members follows:

Del Cerro Distributors, Rainbow Radiator Shop, Trujillo's Auto Body & Painting. Honda Lemon Grove, Harry's Union Service, Vada Lois Beauty Salon, Jollett Motor Cars, Minors Mobile Home Repair, Larry Pustinger Realty, Accent Cedar & Redwood, Wimpy's Reloading Shop and Wayne's Skiers Supply.

Also, Green & Sons Mobile Home Service & Transport, Hair Shoppe, Bug Specialists, Larry Hageman's Chevron, Joe's Auto Repair, Campster, Antiques by Mary Kay, Rick's Relics, Bernard L. Olinger D.C., Lemon Grove Optical Co. and Dr. Merrill Cahn.

Also, Fisk Signs. Broadway Auto Electric & Supplies, Maria's Yarns & Gifts, Patricia Goodbody, Robert Carter Insurance, White Tiger Assn., Horseshoe Tavern, Ms. Joan's, Walter's Jewelry and Timpson & Associates.

More Fund-Raising

Also discussed at the Thursday meeting held at Los Cazadores restaurant were other fund-raising plans. Chamber Secretary Glenda Jackson is looking into the possibilities of holding a carnival during a holiday weekend, such as Easter. An ideal site would be Lemon Grove Junior High or another district school lot. The annual Chamber-sponsored carnival held in conjunction with Old Time Days was not held last year.

Another plan is to hold a fish fry, possibly in connection with the Miss Lemon Grove contest. There is a possibility that the Chamber would sponsor the contest next year, according to Mrs. Jackson. Lemon Grove Rotary has sponsored the event in previous years.

The Board gave unanimous approval to sponsorship of next year's Old Time Days parade and okayed a Sunday date, April 25, as a departure from the usual Saturday. Some businesses have complained that the Saturday parade took a sizeable cut from business volume.

Easement Plan Dying

A committee reporter announced that the county proposed parking lot easement plan was all but dead, since at least five property owners made flat "no" response to a questionnaire concerning the plan.

Deputy County Engineer Al Boggs introduced the easement plan to the Chamber at its July meeting and explained that 100 per cent cooperation would be mandatory.

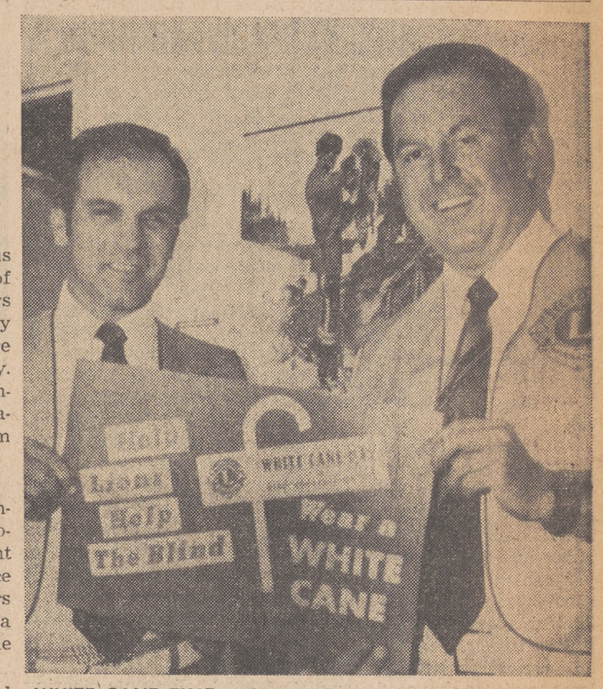
The plan called for a temporary easement of property boundaries to the county which would, in turn, assume responsibility for regrading, repaving and maintaining the controversial parking areas on Broadway between Kempf and Imperial.

Owners who rejected the plan include Maurice Kahan, owner of property leased by Popular Deli and Foxy Lady; Richard Leight, Los Cazadores and another store; P. R. Svalstad, 7850, 7852 and 7860 Broadway; Meyer Zung, Winchell's and Linda's and Charles Kahn, Dr. Merrill Cahn's office and Grove Office Supply.

Meyer Zung has hired an asphalt firm which patched and repaved his property.

The rainy season nearing, merchants are now looking for other means of dealing with the pot hole problem. One under consideration is an offer by Steve Sarff of Arrow Electric Co. to donate asphalt leftover from the day's traffic signal installations to fill the parking lot holes. Sarff said that the arrangement would probably entail written waivure of responsibilities to pacify the firm's insurance company.

Some drawbacks are that Arrow Electric would only have enough excess for small patches and merchants would have to provide the tar sealer.



WHITE CANE TIME — Lemon Grove Lions President Gary Sweet and Bill White, White Cane chairman of the club, remind area residents that the annual White Cane Fund Drive is nearing. The yearly drive has funded various sight prevention projects in the Calif.-Nevada Lions district since 1961. In Lemon Grove, the funds are used for a vision screening for all kindergarten and new first grade pupils enrolled in Lemon Grove School District.

LAFCO Incorporation Hearing To Be Called on October 3

The Lemon Grove incorporation proposal which was sponsored by the County Board of Supervisors, has been sent to the Local Agency Formation Commission this week.

Mike Gotch, of LAFCO, said the proposal would probably come up for public hearing on November 3.

Charlottle Langley, special projects management assistant for the County, said the boundaries on the north as approved by the Board of Supervisors, were decided upon when La Mesa offered the area a chance to annex to the City of La Mesa.

The original boundaries of the proposed City of Lemon Grove originally were those of the Lemon Grove Fire District. The supervisors, in concert with the La Mesa City Council, decided to make the north edge of Highway 94 the northern limits of the proposed city. The boundary would be roughly south of Waite dr. to the top of the hill in Vista La Mesa. The population in the area is about 1500.

Objections Start

While the object is to avert leaving an island of unincorporated land, the same effect would result if the Vista La Mesa area were attached to Lemon Grove.

Six residents of the VLM area have already alerted residents there that they would have no choice except to become a portion of La Mesa—if LAFCO accepts the Supervisors' boundary proposal.

The six are J. J. Annis, 7269 Waite dr.; R. E. Bresnahan, 7218 Carmenita; G. W. Burkett, 7243 Carmenita; J. T. Alexander, 7260 Waite dr.; Robert Wilcox III, 3872 Capitol and Vernon Nay, 7342 Waite dr.

LAFCA Listens

LAFCO's Gotch said that letters and personal appearances are important in decisions LAFCO makes. His statement indicates that residents in the concerned area should make their wishes known to LAFCO by attending the meeting. John Annis, who got together the five other members of his group can be reached most of each day at home. His phone is 466-1292.

Dell Lake, Jim Dorman and John Stenbeck are co-chairmen of the Committee for Incorporation of Lemon Grove. When they submitted the boundaries originally, the lines were roughly those of the fire department and included Vista La Mesa.

Those who prefer to be part of Lemon Grove rather than be annexed to La Mesa should plan to attend the LAFCO November meeting. The time and place will be published in these columns when LAFCO decides.

ANNOUNCES CANDIDACY —El Cajon Councilwoman Lucille Moore announced her candidacy Sunday for the District 2 seat of the County Board of Supervisors. Since 1960, Mrs. Moore has been active in a number of community affairs. She served as chairman of the Board of Directors at John A. Davis YMCA and the East County United Way, chaired the State Board of Indian Affairs, presided over a local chapter California Federation of Women's Clubs and served on PTA executive boards, among other accomplishments. The El Cajon resident is the mother of two children.

LAFCO's October 6 Meeting

LAFCO will select members of a re-organization committee at its meeting Monday, October 6.

Those chosen will make recommendations to LAFCO concerning Lemon Grove-La Mesa boundaries and other matters pertaining to the incorporation of Lemon Grove. These recommendations will be made to LAFCO at that commission's December 15th meeting.

It is probable that some of those attending the Monday meeting will volunteer and serve.

The meeting will be at 9 a.m., room 358, County Administration Center, 1600 Pacific Coast Highway. All such meetings are open to the public.

Burglars Busy On Local Scene

These burglaries were among those occurring locally during the past few days.

Sunday — Jerome N. Gansepohl, a pawn shop owner reported that gold and silver coins valued at $3,027 were taken from his residence at 2542 Doubletree ln., Spring Valley. Missing also were a .22 cal. Marlin rifle, a radio-clock and a tape deck. The latter three items were valued at $210. He was away from home when the loss occurred.

Sunday — Tools and a tape deck were stolen from Frank Michael Larrabee at 3246 Sweetwater rd., Lemon Grove when a thief pried open a window of his home. The loss was reported as $252.

Saturday — Shirley L. Bishop told sheriff's deputies that items valued at $170 were taken from her home at 239 Lakeview pl., Spring Valley while she was away.

Sunday — A garage was burglarized at the residence of Emeral F. Randolph on Echo Valley rd., Jamul, while he was away. Several chairs, a table, skilsaw, and sabre saw were among the items lost. The value, he said, was $160.

EPIC Help Center Holds Grand Opening Saturday

EPIC, the Effective Problem Intervention Center holds its grand opening celebration Saturday. Everyone is invited to drop in and meet the staff, get acquainted with the program and enjoy refreshments from 10 a.m. to 7 p.m.

In operation as a 24-hour hotline for the past five months through a telephone network in the homes of volunteers, EPIC has secured a facility at 3319 Buena Vista ave. off Broadway in Lemon Grove.

Volunteers and staff at EPIC have renovated a doctor's office to provide individual and family counseling, community education workshops, walk-in and telephone crisis intervention and emergency aid in the Heartland area.

The organization has grown from a group of concerned volunteers to an operational facility in nine months, much to the surprise of many social service agencies in San Diego, according to Ellie Fishman, program coordinator.

Without funding or paid staff, the original group—practically all Lemon Grove-based people — incorporated a non-profit corporation, recruited and trained crisis intervention counselors for the hotline and opened and staffed EPIC facility.

The hotline number is 462-EPIC.

Manpower Rep. to Aid L.G. Jobless

A representative from the County Department of Manpower Services will begin trial visits to the Lemon Grove Information and Referral Center next week at the behest of Fred Anderson, executive director.

Anderson maintained that a number of unemployed in Lemon Grove were unable to travel to the main offices or branch offices.

The representative will be at the Center, 3270 Main st., from 8 a.m. to noon Wednesday, Anderson said.

Trophies Awarded at 21st Kiwanis Kid's Day

Small Fries dressed as clowns, gangsters and butterflies followed a Lemon Grove fire truck and Miss Lemon Grove as the 21st Lemon Grove Kiwanis Kid's Day Parade filed down the main streets Saturday.

Joining in on the Saturday afternoon of fun were bands from Mt. Miguel, Helix and Lemon Grove Junior High schools.

Chairman Harold Ball, principal at San Altos School, thanked all who helped with the parade, especially judges Mike Maxson, new Lemon Grove Kiwanis president, and Julie Ball.

The stars of the day, though, were the kids. Here are trophy winner in each of eight categories:

Single costumed entries under eight years — Heather Michele Lee, first place; Amber Lafferty, second place and Taca Adams, third place.

Single costumed entries, eight to 12 years — Penny Miller, first place; Paula Wogan, second place and Jaoise Sundstrom, third place.

Costumed groups under eight years — Danny Comer and Clint Merriman; Kim and Michele Hendee, second place, and Kristin and Siri Hetrick, third place.

Costumed entries eight to 12 years included Larry Bryant and Patrick Hamble, first place; Larry Dalay and Susan Pugh, second place and Bill Kobanek and Michael Brown, third place.

Wheeled vehicles other than bicycles — Mark and Patrick Buttron, first place; Kelly and Shannon Ernst, second place and Corey Nellis, third place.

Bicycle riders under eight—Stephen Clippert, first place, Erin Ragan, second place and David Corrie, third place.

Bicycles, eight to 12 years —Marline Diaze, first place; Janice Lawhorn, second place and Joy Pedicord, third place.

Bicycles, wheeling contest—David Corrie, first place; Danny Fleming, second place and David Fleming, third place.

Tavern Owner Loses $2,000

After William D. McClelland, owner of the In Spot, 8290 Broadway, closed his tavern early Sunday morning, he and some comrades stopped at Denny's restaurant at College and Federal for breakfast.

McClelland parked his locked car, containing a brief case in which he had placed receipts from his place of business, in a parking area across the roadway from the restaurant.

When he returned to the car he discovered the briefcase was missing and with it the $2,000 it contained.

Sheriff's deputies reported that the thief had opened the car with a metal tool which was used to slip the lock.

Woman's Purse Missing After Tavern Visit

Alberta Darlene Huff, 44, unemployed, of 10767 Jamacha blvd., Spring Valley, told sheriff's deputies that a man, Donald Thomas Huff, 40, also unemployed, walked away from a local tavern — Our Place — with her purse which contained $260.

She told officers that she and Huff were sipping beer, that he decided to leave and that he took her purse with him. She described Huff both as her husband and not her husband. She also gave officers two addresses as being her own.

The incident occurred, she said, on Sunday and she wants her purse back.

County is $1.6 Million Richer from Tax Purse

San Diego County received $484,980 as its share of the September allocation of sales and use tax receipts and $1.1 million from the ¼ per cent county local transportation fund, John W. Lynch, chairman of the state Board of Equilization announced.

More than $91.4 million was distributed statewide for the monthly allocation.

California cities received $59.06 million and the counties $11.46 million for a combined total of $70.5 million. The countries received a total of $17.3 million from the transportation fund.

Flood Control Group to Get State Aid from Sen. Mills

"Very productive," is the way more than 80 persons viewed the no-host breakfast presided over by State Senator Jim Mills at the Casa Don Diego restaurant at Campo and Bancroft in Casa de Oro.

Swelling the attendance were members of the Spring Valley Citizens Action Group and the S.V. Chamber of Commerce.

Discussion generally was on flood control since Senator Mills and CalTrans representative G. W. Havins had toured the flood plain overlay area which runs generally from Brookside to the Sweetwater riverbed area.

Construction and improvement had been halted in the area for more than a year—since the area was designated as a flood control danger area in event of a 100-year flood.

No Flood History

Residents had argued that there is no history of flooding there in about a century except where ditches had become filled in and where culverts were stopped up.

Residents in the area had appealed for a cleanup of the flood creek area by the county instead enforcement of the flood plan which would deny improvement of any sort down a wide swath following the contours of the creek.

Ed Horton, spokesman for the Spring Valley Citizens Action Group said of the breakfast meeting, "For the first time we had the feeling that someone was genuinely interested in the residents in the flood control overlay area of Spring Valley.

"Senator Mills and Mr. Havins discussed the problem in a logical, common sense fashion, following a solution along the lines our group has long ago recommended.

"There was no grandiose scheme as some previous officials have proposed. The get-together with our senator was very productive."

CoC Pleased

Glenn Boelter, president of the Spring Valley Chamber of Commerce told the senator that there is a serious concern with the proposals that had been previously offered. The area where no improvement could be made was as wide as a half mile in some areas, it was said.

Mills said that the community could depend on him for full state aid in resolving the flood problem.

Havins, who is also a senior highway superintendent, said it appeared that many of the flood ditches have crumbled but that the water route could be rerouted for an easier flow.

It was noted that a recent sewer installation would dam the flow of water at Jamacha and Sweetwater.

Another meeting with Mills is being proposed. The date will be published in these columns.

G.C. Newspaper Sued For Libel

(NEWS WEST) — A Lemon Grove youth, a former student at Grossmont College, Monday filed a $200,000 suit against the college district and its student body newspaper, "G," charging libel.

John Sims, onetime vice-president for internal affairs in the student body, claims that a front page story on February 19 inferred that he had misappropriated student funds and had resigned his student body office under fire.

The story was under the byline of Toni Will, editor-in-chief, who has also been named as a defendant. A demand for a retraction was made by Sims on February 21, but no retraction was published, Sims said.

General damages of $100,000 and punitive damages of $100,000 are sought in Superior Court by Sims' attorney, John A. Crawford, Jr.

YMCA Handles Youth Problems with 'Satori'

"I smoked pot and ate acid . . . sometimes took speed when I needed it and that's about it", answered a beautiful young girl, 15 years old, to a question of what it was like before she went to a YMCA Satori group. Satori is an oriental word meaning "an awakening to life."

A 16-year-old boy decided to go to a Satori group because he had some "heavy" family problems and needed help.

Both of these young people found help with their personal problems, according to the County YMCA. The girl significantly decreased her use of drugs and the boy became less angry and hostile to others.

Mostly Drugs

"About 60 per cent of the 1200 young people who seek help in the Satori program have problems with drug abuse while the remaining 40 per cent need help with personal problems", says Dr. Breffni Barrett, Satori program director. "Actually they all have serious personal problems and we have found through four years of operation, that once you help a young person with their personal problems they decrease their drug use and find a better adjustment to their life."

Since its inception, Satori has helped more than 3500 high school students with basic problems and 75 per cent of the drug users have either kicked the habit or significantly decreased their use of drugs, the Y reports.

Weekly Meetings

"The Satori groups meet once a week for ten weeks and are composed of from eight to ten students with a qualified counselor. They talk about common concerns or problems, express feelings, learn to understand how others view them and most importantly learn to understand themselves and their relationships with others," states Barrett. "The students learn to take responsibility for their lives and act accordingly."

Parents of troubled teenagers also have the opportunity to receive counseling at voluntary evening sessions.

The Satori program is free to any student in need, and is funded by the YMCA and local government Revenue Sharing monies.

To Open in Area

Beginning this month the Satori program will be offered to students in the Monte Vista, El Cajon Valley, Santana, Helix, Chapparral and Skyline Continuation High Schools. Students interested in such a group are urged to contact their school counselor or phone 232-8901.

Y Picnic Planned

Hamburgers, hot dogs and all the trimmings are the order of the day when the YMCA's Metropolitan World Service Committee holds its annual old-fashioned family picnic at Crown Point on Mission Bay, Sunday.

The yearly fund-raiser helps support the Tijuana YMCA, one of 12,000 centers scattered throughout 83 countries.

The picnic is held from 12:30 to 5 p.m. Barbecue, until 2 p.m., is followed by gymnastics, soccer demonstrations and games.

Tickets may be purchased at the Davis Y, 8881 Dallas, La Mesa.

Cmdr. Bucher Booked

Commander Lloyd P. Bucher U.S.N., retired captain of the U.S.S. Pueblo which was seized off the coast of North Korea January 28, 1968, and members of his crew, will attend the Lighthouse Baptist Temple, at 4333 30th st. (30th and El Cajon blvd.) Sunday at 10 a.m.

Captain Bucher and his crew will be present and all interested persons are invited to be present.

Sacred Heart Holds Fund-Raiser Saturday

The alumnae of the Sacred Heart of San Diego host a silent auction and boutique Saturday in the Faculty Dining Room of DeSales Hall at the University of San Diego. The event is a fund-raiser for the group's varied educational and social projects.

The boutique opens at 7 p.m., the silent auction at 8:30.

Admission is free, refreshments will be served and the public is invited.

Interpretive Dance

Project Vanguard Group of Westminister Presbyterian Church presents a program of interpretive dancing Thursday, October 16 at 1:30 p.m. in the dining room of the First Presbyterian church, 320 Date st., San Diego.

The event is sponsored by the Cedar Community Center.

NEWLYWEDS — The former Diana Lynn Raab was married to Robert Michael Luscher September 6 at Balboa Park. Pastor Dale Bailey performed the ceremony. The bride has attended Grossmont College and San Diego State. Her parents, Mr. and Mrs. Charles Raab, live at 1227 Purdy st., Spring Valley. Robert Luscher is a senior at UCSD. Parents Mr. and Mrs. Joseph Luscher live at 1633 Madera st., Lemon Grove.
The couple returned September 19 from a honeymoon in Sequcia National Park and are now living in Pacific Beach. Among the wedding guests was Robert's former third grade school teacher Mrs. Helen Kelsey, now retired, who traveled from San Francisco to attend the ceremony.

Marriage Licenses

SAN DIEGO (NewsWest)— These couples acquired marriage licenses September 11-18:

James Aiken, 66, Spring Valley and Magdelena Moreno, 76, San Diego.

Robert Bradshaw, 43, La Mesa and Chloe Gilliland, 44, Spring Valley.

Gilman Bramstedt, 51, Spring Valley and Audrey Butts, 50, La Mesa.

Robert Butts, 22, and Michele Stay, 19, both of Spring Valley.

Baha El Homsy, 32, and Shirley Claunch, 37, both of Spring Valley.

Michael Harley, 19, and Penny Buck, 16, both of Lemon Grove.

Kenneth McKinney, 72, Spring Valley and Margaret Sheldon, 60, San Diego.

John McLachlan, 25, and Patsy Browning. 20, both of Spring Valley.

Randolph Raines, 22, and Karen Bottini, 17, both of Spring Valley.

Brian Tripp, 25, and Cathleen Poisson, 23, both of Spring Valley.

John Walker, 23, Bromwich, England and Wanda Jean Sconza, Spring Valley.

Marriage licenses were issued September 17-24 to:

Michael Damon, 34, Spring Valley and Alice Cousins, 38, San Diego.

Barney Davis, 28, and Paula Moody, 18, both of Spring Valley.

Gordon Dickie, 25, Santee and Mary Freeman, 20, Spring Valley.

Edward Ervin, 29, and Linda Anderson, 29, both of Spring Valley.

Lawrence Graf, 19, and Mary Kay Williamson, 18, both of Lemon Grove.

Teddy Graham, 33, and Anita Cook, 30, both of Spring Valley.

Daniel Gryder, 34, Lemon Grove and Barbara Sack, 24, San Diego.

Jimmy Hall, Jr., 19, and Theresa Phillips, 18, both of Spring Valley.

Michael Jerome, 18, Spring Valley and Jane McLaughlin, 18, San Diego.

Curtis Luna, 18, and Cheryl Flynn, 19, both of Spring Valley.

Dennis Quinlisk, 19, Escondido and Rose Brock, 19, Spring Valley.

Dana Wills, 20, and Torrie Nelson, 20, both of Lemon Grove.

Guitar Class at Y

The Copley Family YMCA is accepting registrations for beginning guitar lessons to be held for four months beginning October 13.

The class is designed for fourth grade through high school students. Sign-up deadline is October 8.

Area Obituaries

Mrs. Stella Lane

Graveside services were held Wednesday at Julian Cemetery for Mrs. Stella Ethel Lane of 3047 Buena Vista ave., Lemon Grove. Mrs. Lane, 87, was a pastmaster substitute and switchboard operator for the Julian telephone office for several years and was active in the Julian Women's Club and the Julian Apple Days celebration.

She and her family came to Julian from Kansas when she was four years old. She was raised and married in Julian and remained there until 1959. The Frank Lane Memorial Park in Julian was named after her late husband.

Surviving are two sons, including Howard of Lemon Grove; four grandchildren and seven great-grandchildren.

Charles Parnell

Services were held September 23 at Greenwood Mortuary for Charles Parnell, 48, of 8725 Orion dr., La Mesa, who died at Hillside Hospital September 19.

He had operated Aanco Fence Co. on North ave., in Lemon Grove for six years and was driving his car in San Diego when he became ill. He stopped at a Fire Station and was transported to Hillside Hospital by police ambulance. He had not been ill earlier in the day.

Parnell was a native born San Diegan and a Navy veteran.

He is survived by his wife, Doris and four children: Lance, Linda, Heidi and Deborah.

Interment was at Greenwood.

Lemon Grove Man Killed in I-15 Collision Sunday

Funeral services were being arranged this week in Palm Springs for Lemon Grove resident David B. Gruwell, 28, who was killed in an automobile accident on Interstate 15 near Fallbrook Sunday.

Gruwell, of 6999 Mt. Vernon st., was a passenger in the southbound car driven by Chester B. Ragland, 24, of San Diego.

A northbound van driven by Robert Russell, 20, of Torrance, veered into the southbound lane, sideswiping two vehicles before striking Ragland's Toyota head-on, at 7:10 p.m. Sunday.

Gruwell was pronounced dead at Camp Pendleton. Ragland sustained severe injuries and was listed in serious condition at Camp Pendleton. A driver of one of the sideswiped vehicles was hospitalized with moderate injuries, according to a Highway Patrol officer.

Gruwell had been hitchhiking home from Palm Desert, where his parents live, when the accident occurred.

Wiefels & Sons Mortuary in Palm Springs was in charge of funeral arrangements.

Proposal Would Permit Early Entry for L.G. Kindergarteners

A proposal allowing five year olds to start school early is being studied by the Lemon Grove School District. The proposal is pursuant to new state law permitting districts to establish an early kindergarten enrollment policy.

Pending school board approval, a child would be admitted to school up to 10 days before his fifth birthday, rather than have to wait until the start of the next school year, but a number of criteria would first have to be met, according to Jim Justeson, District's assistant superintendent of instruction and personnel, who is drafting the policy.

Admission would be on a space availability basis. The school would have to have a kindergarten class of less than 30 pupils.

High kindergarten enrollment this year, in nearly all county districts as well as Lemon Grove, indicates that not too many pupils would enter during the plan's test year.

Kindergartens Up 40

Latest enrollment figures showed 386 enrolled in kindergarten classes in the district, 40 more than were attending at the same time last year.

Parents applying for an early-in for their children would be required to schedule a conference with the school administration to determine the advantages and disadvantages of early admission.

A minimum of 150 days attendance is required for a full year of kindergarten. Early admission to first grade already entails recommendation from both teacher and principal. Therefore, pupils who don't get the mid-year referral would have to attend another complete year of kindergarten. Many of the early enrollees would spend 13 to 17 months in regular kindergarten classes.

The policy, if approved by the District's Board of Trustees, would be effective for the current school year only, and renewed only after an evaluation of its effects.

Many school districts across the state take dim view of the early-in policy citing its potential to create a negative experience for the child who, after completing part of a year, would have to return to the same class in the fall and adjust to new peers.

Assistant Superintendent Justeson said that the policy is welcome in that it conforms with the District's goal of individualizing instruction, but is leery of the above-mentioned pitfalls. The issue will be presented to school board members at future meetings.

La Mesa-Spring Valley School District has not taken any action on the proposal, although it is being studied.

The present policy permits children who reach five years before December 2 to enroll in kindergarten. Those with birthdays falling on or after that date must wait until the beginning of the next school term.

LM-SV School Service Treats Impaired Speech

A federally funded program for preschool children who have severe speech problems and delayed language is being offered in the La Mesa-Spring Valley School District again this year. Up to 30 children receive one hour of speech, language and sensory integration therapy three times a week. Parents are also trained in order to give daily help to their children. The program goal is to find these children early and to help them before school problems begin.

Speech and language screening tests are now being given to select children who can benefit from the program.

The child must be three to five years old and live in the La Mesa-Spring Valley district.

No speech, slow speech and language development problems are criteria for referral. Hearing and ability level should be normal or near normal to qualify. Hearing and other evaluations will be given to children who are enrolled.

A child with severe speech and language problems may exhibit various symptoms, according to the school's Pupil Services office. Difficulty understanding speech, short attention span, a tendency to act out experiences in order to communicate, or to omit, add or otherwise misuse words are all indications of speech problems. Easy frustration, difficulty getting along with other children, and motor coordination problems are other signs.

Mrs. Marilyn Dukas, project manager, can be reached at the Pupil Services office, 469-6171.

A Look at Past Issues

20 Years Ago Today

By John Kowalczyk

Twenty years is not terribly long, yet much can happen to a community in that amount of time. Past issues of this newspaper indicate as much.

Big news twenty years ago today was the acquisition of a 2½ acre site on the corner of Washington and Mt. Vernon streets. Signing for the property was the Lemon Grove Swimming Pool Association in the midst of a fund drive for a community pool. (The drive was later abandoned and Lemon Grove County Park was built with the collected funds.)

On Broadway, merchants were making final arrangements for the first annual promotion of Lucky Lemon Days, scheduled for later in the month.

In Spring Valley, 90 per cent of the eligible voters turned out to decide in favor of the proposal to install sewers in that unincorporated area. The 1339-544 margin meant that work on the project would begin as early as the first part of 1956.

On the music scene, teen editor Bob Turnbull was promoting the pick hit of the week: "Maybelline" by a rock artist named Chuck Berry.

Food Prices

If these items fail to make you feel dated, the list of food prices in a 20-year old supermarket ad should do the trick. 98 cents would buy a 10-pound bag of sugar; 19 cents, a pound of margarine. Grapes were selling for a whopping 15 cents a pound and a 10-pound bag of potatoes was tendered for — hold onto your pocket calculators — 35 cents.

Meat prices haven't been the same since 1955. Round steak weighed in at 55 cents a pound. Veal roast was 33 cents a pound.

When was the last time you sat down to a pork roast dinner? Back then, you could pick one up for 29 cents a pound.

Ah, the good old days!

AREA BIRTHS

The following is a list of area births recently recorded at Grossmont Hospital:

September 16

Mr. and Mrs. Daniel F. Farrell, Spring Valley, twins, two boys, David Thomas and Richard Paul.

September 23

Mr. and Mrs. Dennis P. Hill, Lemon Grove, a girl, Trisha Ann.

Hardestys, Burgios Become Grandparents

Floyd and Ina Hardesty are grandparents. The first grandchild, a baby boy, was born in Berlin, Germany September 22.

New parents, Debbie and Don Burgio, have been stationed with the Army in Germany the past 20 months. They return to Lemon Grove in February.

The other grandparents, Mr. and Mrs. Nelson Burgio, live in Spring Valley.

The boy was named Christopher Matthew.

Lemon Grove Student Gets Lutheran Aid

David Helgeson of 8080 Haven drive, Lemon Grove, has received a member scholarship from Lutheran Brotherhood. He is one of about 80 contract holders of the Minneapolis-based fraternal insurance society to receive the award for this academic year.

David is a student at Grossmont College.

SV Art Shop Owner's Work Makes Capital

A San Diego Community College art instructor who owns a business in Spring Valley has some of his work on display in the State Capital building in Sacramento.

Part of an exhibit of black artists in California are three works by Charles Crossley who runs Studio Frame Gallery, an art service and supply outlet at 9525 Jamacha blvd.

Crossley, who teaches painting, sculpture and graphic arts at Community College, was invited to participate in the exhibit. He chose "The Family Group," "The Race Track" and "Still Life with a Guitar" — three acrylic paintings — for the exhibit on display through October 6.

He is a graduate of the Coronado School of Fine Arts and is also part-owner of Studio 38, an art store in San Diego.

Crossley works in all media of art. He lives in San Diego.

Charity Cut Given Monday in Valley

A one-day hair cut-a-thon gets under way Monday 10 a.m., at Mission Valley Center.

Hair cuts will be available to everyone, and local beauticians will present a hair fashion show with models wearing the latest in fall apparel.

The cut-a-thon is sponsored by the San Diego County Cosmetology Association. Proceeds go to Family Services of San Diego.

CHAD encourages and honors all designations to its nine national health agencies.

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Sunday SERVICES

Isaiah 27:13
And it shall come to pass in that day, that the great trumpet shall be blown, and they shall come which were ready to perish in the land of Assyria, and the outcasts in the land of Egypt, and shall worship the Lord in the holy mount at Jerusalem.

FIRST BAPTIST CHURCH OF LEMON GROVE
Affiliated with the Southern Baptist Convention)
2910 Main Street P.O. Box 236
Robert Kleinschmidt, Pastor Phone 460-4811, 465-9794
Sunday Bible School 9:30 and 10:50 a.m.
Morning Worship Services 9:30 and 10:50 a.m.
Sunday Training Hour 6:00 p.m.
Evening Worship Service 7:00 p.m.
Wednesday Bible Study and Prayer 6:30 p.m.
Nursery and toddler care at all services.

THE UNITED METHODIST CHURCH OF LEMON GROVE
3205 Washington Street 466-8065
M-F Weekday Pre-School for 3-5 Year Olds
9:00 A.M. Church School 10:30 A.M. Worship Service

ST. JOHN OF THE CROSS CHURCH
8086 Broadway Rectory 466-3914
Lemon Grove, California 92045
Saturday Mass 8:15 a.m. and 6 p.m.
Nursery Attendant provided.
Masses: For Mass schedule telephone church Rectory.

LEMON GROVE LUTHERAN CHURCH
2055 Skyline Drive at Alton Drive
Rev. Herbert Johnson, Pastor 465-7301
Worship Services, 8:15 a.m. & 10:30 a.m.
Sunday School, 9:30 a.m.

THE CHRISTIAN CHURCH 465-1888
6970 San Miguel Ave., Lemon Grove
Michael D. Maxson, Minister
Cynthia Ratekin, Pre-School Director
9:30 a.m. Bible School
11:00 a.m. Morning worship
5:00 p.m. Youth and family activities
6:00 p.m. Evening worship
9:00 a.m.-12:30 p.m. Pre-School Monday and Wednesday

ST. PHILIP'S EPISCOPAL CHURCH
Palm at Hardy Drive, Lemon Grove
Rev. Kenneth R. Johnson, Rector 466-8055
SERVICES: Sundays, 8 and 10 a.m. Wednesdays, 10 a.m.
Church School and Nursery Care, Sunday, 10:00 a.m.

SKYLINE WESLEYAN CHURCH
1345 Skyline Drive, Lemon Grove
Skyline Drive at Jamacha Road
Rev. Orval C. Butcher, Pastor Phone 460-5000

Worship Service	9:30 and 11:00 A.M.
Sunday School	8:15, 9:30 and 11:00 A.M.
Children's Church	9:30 A.M.
Sunday Evening Expression	6:30 P.M.
Wednesday Evening Bible Involvement	7:00 to 8:30 P.M.

SAMPLES PRODUCT — Lemon Grove's Vivian Sloan is fast becoming a local celebrity by virtue of her spot announcements being aired on local television promoting milk. Miss Sloan was one of six San Diego area residents chosen by the California Milk Advisory Board to speak their mind about milk. Hundreds of people applied for the commercials following Advisory Board appeals broadcast earlier this summer. The program is being tested locally and, if successful, will be expanded statewide. Participants are paid union scale wages for the spots.

Eat and Grow Younger

'Grip on Youth' Can Loosen When Protein in Diet Drops

By Lelord Kordel

Number Three of a Series

Several years ago I set out to answer to my own satisfaction the question of "how much protein is enough?"

Using myself as a guinea pig, for eight months I gradually and deliberately cut the amount of protein in my daily meals to a point which I knew would be inadequate.

Every 24 hours I would consume only one medium-sized portion of either cheese, eggs, meat, fish or poultry. And about once a week I would skip protein entirely.

During the first several months after the experiment began, I felt reasonably well. That is, nothing to brag about, yet, not exactly unwell in any recognizable way.

But I did notice that an evening on the lecture platform or a day at my desk writing would leave me feeling head-and-body weary.

This was the first definite symptom that all was not well with me, because my usual strenuous daily routines, either while traveling or at home, had never before induced in me this kind of fatigue. All I wanted to do was to sink into a chair and remain there in an exhausted kind of half-stupor.

Effects of Low Protein

About the end of the seventh month of my self-imposed protein deficiency, I began noticing that my ordinary good appearance was no longer so good. Mealtime became merely a routine that I must adhere to because it was "time to eat."

My customary pleasure in people and events was also gone; I noticed that even commonplace little matters would irritate me out of all proportion to their importance. I found myself "too tired" to have fun with my children, and any crisis, however petty, would find me without my former ability to make quick decisions.

In other words, I was not the man I used to be. If I had not been aware of the cause for my "slipping," I would have been panicked by that unpleasant discovery that many of you may have already faced: I was losing my grip on youth.

The time had now arrived to discover whether or not, after deliberately sending my youth on its way, I could coax it to return by building up the amount of protein in my daily meals.

Within a month after starting to eat three high-protein meals a day, I could sense a marked change for the better in my disposition. And not only was my zest for life definitely on the increase, but my face had lost its strained, weary expression, while the same daily routines no longer left me fatigued and chair-bound at night.

I hope that you, too, may experience that inexpressible joy of once more feeling like your old self.

This is what my experiment proved to me: "Some" protein is not enough when you have that not-exactly-sick, yet not-exactly-well feeling commonly associated with "beginning to get old."

Although I had eaten three high-protein meals each day for years, during the experiment my body could not fall back indefinitely on the protein reserves for the reason that the body cannot store protein as heavily as it can fats, sugars, some minerals and certain vitamins. When not enough protein is supplied in the diet, your body turns into a heartless cannibal and begins to feed upon itself.

Protein Cannibalism

When a protein deficiency exists, certain body cells are consumed in order to feed the more necessary ones. Not that the destroyed cells are unimportant. But cells even more vitally important to the living body must feed on those that can be spared, at least for the time being. It is this continued form of cannibalism that is the real cause of disease, of premature aging.

The food portions mentioned below will provide a daily minimum of 75 grams of protein.

These minimum portions of protein foods are listed merely that you may judge approximately how to double, even triple this minimum protein intake to meet your own bodily needs.

Minimum Portions

By no means am I recommending the following portions as adequate protein for three meals. These quantities are given for the sole purpose of allowing you to compare your own daily protein consumption with the absolute minimum for good health, so you may decide for yourself how far above or below this minimum standard your meals will average:

1 average serving of meat (fish, poultry included)
1 egg
3 slices of whole grain bread
1 pint of non-fat milk or its equivalent as powdered skim milk, buttermilk, sour milk, cottage cheese or other cheeses
1 serving of dried lentils, whole grain or seed cereal
1 serving of cooked green vegetables
1 green salad
1 serving of egg custard
1 serving of fresh or cooked fruit

There is no protein in air, in water, in a cigarette, in a cup of coffee or in an alcoholic or carbonated drink.

The one and only place where you can obtain this imperatively needed repair material for your body cells is from the food you eat each day.

Although it's easily possible for every man, woman and child in this country to get enough protein for an optimum diet, recent surveys have disclosed the alarming fact that the diets of from 50 to 60 per cent are dangerously lacking in protein.

Portrait Oils Demo Led By Jack Jordan

A demonstration of portrait painting in oils is given by Jack Jordan at 7:30 p.m. tonight at the Ben Polak fine Arts Center, 8053 University ave., La Mesa.

The event is sponsored by the Foothills Art Association.

Jordan was a staff artist for many years with the San Diego Evening Tribune. He is most noted for his paintings of the Old West and Mexican people.

A one-woman show by Foothills member Nancy Anderson will be on display at the center on Saturdays and Sundays from 1 to 5 p.m. during October and features ocean scenes and landscapes in oil. The public is invited for tea Sunday, October 12 from 2 to 4 p.m. Mrs. Anderson will be present. Also on view will be watercolors by pupils of Marty Stanard, local art teacher and watercolor demonstrator.

Pet Activity Declines at County Shelters

Reduction in costs to the County for animal regulation activities were listed this week.

In a bulletin from Dr. Hubert Johnstone, County Veterinairian, comparing July, August and September against a year ago, a 24 per cent cost reduction in cities and 13 per cent reduction in county was noted.

There were 14.5 per cent less dogs put to sleep during the past three months. 26.3 per cent less unwanted dogs were brought in; 6.2 per cent less strays were impounded and complaints dropped 6.2 per cent.

Dr Johnstone reported that 63.3 per cent of all licensed female dogs in the county are now spayed.

Mercy Clinic

Mercy Clinic, a United Way funded agency, served 1,141 Lemon Grove and Spring Valley residents in 1974 with medical and dental services.

HOME-COOKED

This Week's RECIPE

Cottage Cheese Filled Cannelloni

Cottage cheese makes a quick and easy filling for cannelloni. Combine it with spinach and Italian seasonings and stuff into parboiled pasta shells. Traditionally it's made with contrasting red and white sauces. The herbed white sauce is a basic one made with milk and butter and seasoned with basil and parsley. Monterey jack cheese goes on top and melts smoothly as it bakes.

TWO CHEESE CANNELLONI

8 manicotti shells
Boiling water
1 (10 or 12-ounce) package frozen spinach
1 pint creamed small curd cottage cheese
¼ cup instant minced onion
½ teas. basil, crumbled
½ teas. salt
¼ teas. nutmeg
⅛ teas. pepper
2 Tbls. lemon juice
***Herb Sauce**
1 (8-ounce) can tomato sauce
½ cup grated Monterey jack cheese

Drop shells into boiling water. Simmer five minutes. Drain carefully. Defrost spinach and drain thoroughly. Mix spinach, cottage cheese, minced onion, basil, salt, nutmeg, pepper, and lemon juice. Stuff into parboiled shells. Pour half of Herb Sauce in baking dish. Place filled shells in single layer on sauce. Cover completely with remaining sauce. Pour tomato sauce in a lengthwise strip over cannelonis. Sprinkle with grated Monterey jack cheese. Cover with foil. Bake in 375° oven 45 minutes or until heated through. Makes four servings.

*HERB SAUCE: Melt ¼ cup butter and blend in three tablespoons flour, one clove garlic, minced, one teaspoon basil and one teaspoon salt. Stir in two cups milk. Cook, stirring over medium heat until mixture thickens and boils. Stir in two tablespoons parsley.

Share Your Recipes

If you would like to share your favorite recipe with our readers, we would be happy to publish it. Submit items c/o Lemon Grove 92045.

Child Guidance

Child Guidance Clinic, a United Way funded agency, gave 424 patient hours in 1974 to children from Lemon Grove and Spring Valley.

Special Classes For S.V. Pupils

A pre-school program for non-kindergarten pupils 4-5 years old, has been scheduled for 10 weeks starting Tuesday at Rancho Elementary school, 8845 Noeline ave., Spring Valley.

Classes will be held 2:30-4 p.m. on Tuesdays and Thursdays and include crafts, physical activities, music, storytime and table games.

There is no charge for residents of the Spring Valley school district.

The program is under the auspices of the S.V. Park and Recreation District at 460-2033.

Lemon Grove Review
Lemon Grove, California

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Max Goodwin ..... Editor and Publisher
John Kowalczyk ..... News Editor
Bruce Binkowski ..... Advertising Manager

CLUB WOMAN'S CALENDAR

Concert Women's Rummage Sale This Weekend

The Women's Committee of the Grossmont Community Concert Assn. holds a two-day rummage sale this weekend to raise funds for the new community auditorium now under construction in the El Cajon superblock.

The "Super Rummage Sale" is held 9 to 9 Saturday and noon to 6 Sunday in the Granite Hills High Gymnasium at 1719 Madison ave., El Cajon.

Money from the sale will be used to purchase interior decorations and equipment not provided under the contract for construction of the auditorium, a small amount will go to the Action Club for its work with the aged and physically and mentally handicapped.

Live entertainment, a bake sale, refreshments, antiques and a plant boutique are featured during the sale.

Donated items are still being accepted. Call 469-4511 or 466-7206 and arrangements will be made to pick them up. All contributions are tax deductible.

Ballroom Dancers Hold Anniversary Affair

A first anniversary dance is planned for the International Ballroom Dance Assn. of San Diego. The group has featured dance instruction every Sunday at Balboa Park Club.

The Standard Aires Orchestra will provide music for the anniversary dance Saturday at the Club in Balboa Park. Donation is $1.50.

Steps taught by the organization include the waltz, tango, foxtrot and quickstep.

Matrons, Patrons Meet for Pot Luck

The Past Matrons and Patrons Assn. of San Diego County Order of the Eastern Star meets Saturday evening, October 11, 6 p.m., for its monthly pot-luck dinner.

Each member brings a dish and table service. Cards and games and celebration of October birthdays are planned, following a meeting presided by Mrs. Thomas Overby, president. and Douglas Putt, advisor.

The event is held at the Fairmount Recreation Center, 4077 Fairmount ave.

How Sweet

The U. S. produces only about half as much sugar as consumed.

Sack Lunch Slated for Past Noble Grands

The regular sack luncheon of the Past Noble Grands Association, Rebekah District No. 53, is held Friday, October 10, noon, at the Colina de Sol Recreation Center, 5319 Orange ave.

A business meeting follows, chaired by Mrs. Edna Redding, president.

Christmas dinner party plans will be discussed followed by games and cards. All Past Noble Grands are invited.

CFWC Board Meets In Stockton Sun.

Members of the California Federation of Women's Clubs plan a state board meeting Sunday through Thursday in Stockton. Mrs. John James Barbour of La Mesa, CFWC president, will preside.

Attending from Southern District No. 26 is Mrs. Harry Engle of El Cajon, district president.

First VLM PTA meet Is Ice Cream Social

An ice cream social is the featured program of the first meeting of the Vista La Mesa PTA in the school auditorium at 7107 Pearson st.

Parents will talk with and get to know teachers following introductions during a short meeting beginning at 7:30 p.m. Thursday, October 9.

Reservations Taken For 6th 'Mercy Ball'

Invitations are out and reservations are coming in for the sixth annual Mercy Ball and Fine Arts Auction to be held Saturday, October 25 at the Hotel del Coronado.

Proceeds this year are pledged to Mercy's Pediatric Unit.

Invitations to the ball are available from Mrs. George Zorn, 463-1191 or by calling the administration office at Mercy Hospital.

Copley Y to Visit College Grove Sat.

Demonstrations of street hockey, "Kinder Gym," gymnastics, aerobic dancing, judo, karate and tap dancing will be featured every 30 minutes, at Copley YMCA Day at College Grove Shopping Center on Saturday, 11 a.m. to 2 p.m., according to Bill Friend, director of health and physical education of the Copley YMCA.

Other attractions include a display of mime and displays of "Y" Indian guides and camping.

Founder's Day Opens Zoo Gates Monday

Another crowd of 10,000-plus is expected to roll past the turnstiles Monday at the San Diego Zoo. The day has been set aside as the Zoo's annual Founder's Day and is celebrated with free admission.

The day honors Dr. Harry Wegeforth, who founded the San Diego Zoo in 1916.

Seal Shows at Wegeforth Bowl will also be free. Other attractions will maintain regular prices.

Story Hours Through October at Library

The Spring Valley Library begins a series of story hours today for very young patrons. Librarian Pat Buck will present stories and finger plays for preschool children at 10 a.m.

The series continues on Thursdays through October 30 when an atmosphere of Halloween will add to the program.

The library, located at 1043 Elkelton blvd., is open Monday through Saturday at 9:30 a.m. Closing time is 8:30 p.m. Monday through Thursday, 6 p.m. Friday and 4 p.m. Saturday.

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Spurs Here Tonight for Final Exhibition Game

San Diego's WHA Mariners shoot for their second straight exhibition victory tonight when they host the league's newest entry, the Denver Spurs.

Faceoff for the San Diego Sports Arena contest is 7:30 p.m. with tickets priced at $6.50, $5.50, $4.50, $3.50 and $2.50.

The Mariners opened their three-game pre-season schedule last week by defeating Phoenix, 7-4, and travel to Tucson, Sunday, for a repeat with the Roadrunners. The Mariner's home League opener will be against Phoenix October 11 at 7:30 p.m.

Thursday's Sports Arena affair gives San Diego coach Ron Ingram another chance to determine his offensive lines for the upcoming regular season. His priorities seem to be a left winger to go on his line of center Andre Lacroix and right wing Wayne Rivers and a steady third line.

The second line appears ready with left wing Gene Peacosh and right wing Norm Ferguson flanking Ray Adduono. The third trio might be Joe Noris at center, Kevin Devine on the left and Brian Morenz at right wing.

Ingram's thinking will be somewhat governed by medical reports of a knee injury suffered by left winger Don Burgess in the Phoenix game.

Defense Listed

On defense, all-star Kevin Morrison is aligned with Mike McMahon while Bob Falkenberg and Jim Hargreaves form a second duo and veterans Brent Hughes and Bob Wall are the third pair.

Russ Gillow, Ernie Wakely and Bob Blanchet each played one period in goal last week and all looked impressive as the Roadrunners totaled 43 shots.

While San Diego was a winner in its opener, Denver fought back but was a goal short in a 4-3 loss to defending league champion Houston, Sunday.

The Spurs, under coach Jean Guy Talbot, display an offense built around center Gary Macgregor, a 78-point scorer with the WHA's Chicago franchise last season.

Peter Mara backs Macgregor while wing power comes from Francois Rochon on the left and Mark Lomenda on the right. Ron Delorme, a rookie winger, played on the same Lethbridge team as Mariner Alex Tidey in 1974-75.

Defensively, Denver has Darryl Maggs and Bryon Baltimore for size and young Barry Legge. The Spurs look to Cam Newton as their main goaltender.

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Caliente Futurity Lists 90 Horses

(TIJUANA) — Crazy Channon, winner of the Balboa Stakes at Del Mar and with earnings of $52,800, heads the list of 90 thoroughbreds remaining eligible for the first running of the Agua Caliente Futurity, a $15,000 added event for 2-year-old horses going one mile and one-sixteenth on Sunday, November 16, at the Tijuana track.

Crazy Channon is a colt by Fleet Allied-First Invitation and in addition to his win in the Balboa Stakes, he finished second in the Cabrillo Stakes and ran third in the Westchester Stakes — both at Hollywood Park.

So far in 1975, Crazy Channon has three wins, two seconds and a third place finish in nine outings. He finished second the first time he went to the races and won his maiden event by six lengths at Hollywood Park.

Other good horses remaining eligible for the Caliente Futurity include: Happy Minute, Hemp Ruler, Tecate Queen, Clemency, Tilt, Gateado and Corporal's Boy.

Pre-World Series Baseball

League Series Opens Saturday

Already the owners of a record fifth consecutive division title in addition to their run of three consecutive World Series championships, the Oakland A's begin the quest for more rare accomplishments when baseball's League Championship Series get under way Saturday, October 4.

The A's, who will meet the Boston Red Sox in the best-of-five American League LCS, already ranks as only the third team and second franchise to capture three consecutive World Series. Charley Finley's gang can pull even with the second best run in the World Series 72-year history, if it can win World Championship No. 4 in succession. The New York Yankees' run from 1936-39 is the target within reach, and, if successful, the A's would move within 12 months of a shot at tying the Yankees' all-time best of five titles in as many years from 1949-53.

If they win the LCS, the A's will become only the third franchise ever to get into the World Series four years in a row. The Yankees have four strings of at least that long 1936-39, '49-53, '55-58, '60-64) and the New York Giants represented the National League in the World Series four times in a row (1921-24).

Five in a Row

Oakland has won the American League's Western Division title five years in succession, a record for the seven-year-old divisional setup. Baltimore, which has been trying to catch Boston, won the A.L. East five times in the first six years. Pittsburgh's National League East title also was its fifth divisional crown.

The Pirates, who have won their titles in a six-year span, meet the Cincinnati Reds in the National League LCS. Cincinnati has four divisional titles.

In League Championship Series play, Oakland has won three of four times to advance to the World Series while Cincinnati is 2-1, Baltimore 3-2 and Pittsburgh 1-3. Boston has not played in the LCS. In World Series Oakland is 3-0 (the A's were 5-3 while competing as the Philadelphia Athletics), Boston 5-2, Pittsburgh 4-2, Baltimore 2-2 and Cincinnati 2-4.

The Padres finished the season fourth, 37 games out of first place and 6½ out of last.

Randy Jones won the National League Earned Run Average title with 2.24 ERA beating out Andy Messersmith, 2.29 and Tom Seaver, 2.38.

The Padres racked up an attendance record with 1,281,792 fans for the year. Last year the total was 1,075,399.

Rehired for another year was John McNamara, popular manager of the team.

Record Tax Bill Load To Fall This Month

The largest number of tax bills in the county's history go into the mails before the end of this month, James E. Jones, County Tax Collector said last week.

The recipients will be the owners of nearly half a million parcels of property in the county.

Jones said his office is using a staggering mailing plan for the first time. The first bills went out Friday. By the end of the month, bills mounting to more than $487.2 million will be mailed to owners of 496,000 parcels of real property.

He said the staggered program will even the work load of both county and postal service employees.

Postage Is Concern

Secured tax bills are usually mailed to San Diego County taxpayers in October, but the tax collector scheduled earlier mailing dates last June to beat a three-cent increase in postal rates anticipated for October 1. The increased postal rates were later postponed.

Although the total tax charge has increased by $68 million this year, the amount of an individual bill depends on assessed valuation of the property and rates set by taxing agencies for the rate area in which the property is located.

Jones said his office would mail information copies of tax bills early in October to property owners whose bills go to their lending agencies.

In spite of earlier mailing dates for tax bills, taxpayers have until Dec. 10 to pay their first installment without penalty. Six per cent will be added to first installments paid after Dec. 10 and second installments paid after April 10.

State law does not permit counties to waive penalties because a taxpayer did not receive a tax bill, Jones said. Property owners who do not receive a tax bill or an information copy by November 1 should call the tax collector's office, 236-3121.

Shh! You're Changing My Body Chemistry

Noise may a worse pollutant than suspected.

Writing in California Medical Association's Western Journal of Medicine, Dr. Robert W. Cantrell, an ear specialist at the San Diego Naval Hospital, points out that the public complains more frequently about noise pollution than about air pollution.

That noise adversely affects hearing is well documented, he points out, but more attention is now being devoted to its non-auditory aspects: annoyance; interference with sleep, speech and work performance, and psychological and physiological effects.

Dr. Cantrell cites studies that have shown "a relationship between noise exposure and the cardiovascular system. There is some evidence that prolonged exposure to excessive noise can result in peripheral circulatory disturbances and heart disease.

Recent studies indicate that body chemistry changes occur during prolonged exposure to noise. Specifically, cholesterol and cortisol (a hormone similar to cortisone) rise during noise exposure and decrease during quiet."

Mail Bag

Dear Editor:

I wish to make some comments regarding your Dimmer View opinions of the postal service and the rates. I agree with you on the declining service but for different reasons.

Journalists in the past year have charged the workers for the ills of the Postal Service. This was enjoyed and encouraged by the management of the Postal Service, while they escaped criticism. Why not go to the root of the service's problem, the board of political pinheads and the Postmaster General and make them own up to the mess they have made.

I agree that rate increases should be denied until a general audit plus an annual audit of Postal funds is conducted. Past performance of the Board indicates poor judgment and loose spending for kitchens, advertising, bulk main center, excessive arbitrations and joy riding by supervisors. All of these when they claim to be losing money!

As for the postage due account, I know how disgusted you are, but the workers must put up with such stupid plans and concepts everyday so in comparison, your affair seems small.

Your reference to government mailings has merit, but if the subsidy bill is approved by Congress, the taxpayer will pay the bill regardless. Instead of subsidies, the Service needs some progress in the area of promoting business and creating new services to boost the volume thus cutting cost. In the past every plan which those mental giants conceived has lowered volume thereby increasing the cost on the remaining business.

By their actions they seem intent on destroying the Postal Service. Postmaster General Klassen (now retired) said, "The only thing the Postal Service has to sell is Service," following this they ordered a reduction in the collection of mail and removed a great number of collection boxes, also closing post offices and stations. Where is the service they are selling?

Gordon Bosma
Citizen Taxpayer,
Postal Worker

Sails-Denver Opens ABA Season October 24

The American Basketball Association opens its ninth season on Friday, October 24, with four games including one in San Diego, Commissioner Dave DeBusschere announced, in releasing the league's 420-game schedule.

In opening night games, the San Antonio Spurs will face the defending champion Kentucky Colonels at Louisville, Ky.; the New York Nets play the Spirits of St. Louis at the St. Louis Arena; Baltimore, the league's newest franchise, faces the Virginia Squires in Norfolk; and the Denver Nuggets, the winningest team in pro basketball last season, meet the new-look San Diego Sails in San Diego.

Home Openers

Five teams will have home openers on Saturday, October 25. New York plays at San Antonio; Virginia travels to Baltimore; Kentucky is at Indiana to meet the Pacers in a matchup of last year's championship series; St. Louis faces Denver in the Nuggets new, ultra-modern McNichols Arena; and Utah hosts San Diego. New York will open its home season on Sunday, October 26, against Indiana.

Rod Thorn, formerly assistant coach with the Nets, takes over the head coaching duties in St. Louis, while Bill Musselman, who put together successful basketball programs at Ashland College and the U. of Minnesota, is the new head mentor in San Diego.

East-West

The league will, once again, be divided into two Divisions with Kentucky, New York, St. Louis, Baltimore and Virginia in the East, and Denver, San Antonio, Indiana, Utah and San Diego in the West.

The anual All-Star Game is scheduled for Denver, Tuesday, January 27, with the regular season set to end April 7.

The Sails host Denver on Friday October 24 at the Sports Arena at 7:15 p.m.

Geuss Now VP For Breakers

Sandy Geuss, the San Diego Breakers general manager, has been promoted to vice-president of the Breakers organization.

Geuss will continue his duties as general manager of the IVA's San Diego Breakers but will assume the additional duties of the vice presidency. He will be the Breakers' representative at all League meetings and will serve on the IVA's Board of Directors.

Geuss, athletic administrator for 10 years at California U., Santa Barbara was honored in 1973 by being named one of the top ten intramural administrators in the nation and being responsible for building one of the country's top collegiate intramural programs.

A graduate of U.C., Berkeley in 1963, the new Breakers vice president was an outstanding athlete.

He became GM for the Breakers in October 1974, and administered the San Diegans to a runner-up spot in the initial pro volleyball season.

Mats, 2-0, Face Grossmont, 2-0, Friday Night

By Steve DeNunzio

Bill Stuart scored two touchdowns and rushed for 146 yards Friday night, as the Matadors blanked the El Capitan Vacqueros 13-0.

In the third quarter Stuart took quarterback Steve Slater's handoff and ran 19 yards for the game's opening score. Robbie Slempas was good for the extra point.

Mt. Miguel's head coach Dave Ogas, said his team played with a good team effort, and that the extra effort was the difference in the game.

El Capitan's only major threat came in the fourth quarter when the Vacqueros reached the Matador 11-yard line. A Brad Sanders' interception ended the drive.

For a team predicted to finish last in the Grossmont League the Mt. Miguel Matador Football team isn't doing all that bad.

In fact seven other Grossmont League teams wish they were as "inept" as Mt. Miguel.

After two games the Matadors are one of two Grossmont teams still undefeated. Grossmont High is the other.

Friday night something must give, as the two undefeated teams meet at Helix High. Kickoff is scheduled for eight.

Biggers Presses McIntyre For Cajon Speedway Title

For the fourth consecutive year the battle for the El Cajon Stock Car Racing Assn. has come down to the final race of the year — the big 50-lap Grand Prix to be held Saturday night at Cajon Speedway.

And for the third time in four years Pat McIntyre of Spring Valley is one of the two drivers with a shot at the title. McIntyre, who fought off John Dineen for the 1975 title and Tom Zelesky for the 1972 crown, now finds himself in a race with Tim Biggers for the coveted 1975 ECSCRA title.

Two weeks ago McIntyre had a chance to wrap up the title but lost several laps in an early race accident while Biggers finished seventh in the feature.

Streaking to a three length victory in the 40-lap super stock main event, the El Cajon insulation installer managed to hold onto his slim chances for the 1975 El Cajon Stock Car Racing Assn. championship.

McIntyre Burns Out

With five laps to go it looked like Biggers' chances for the title were gone as point leader Pat McIntyre sat comfortably in third place. Then on lap 36 in the south turn, McIntyre's Camaro burst into flame. McIntyre was not injured but he was forced to retire and placed 16th.

With the win Biggers knocked 215 points off McIntyre's lead and with only the Grand Prix left next Saturday the two friendly rivals are only 145 points apart.

Biggers broke a camshaft at Speedway 605 Friday night and spent all day Saturday installing a new engine—almost missing the race entirely.

The new engine was overheating in the heat race. Bob Baxter, who had blown his engine in hot laps, loaned Biggers his fanshroud for the feature. He was ready and won.

Lanny Pemberton of Lemon Grove started 13th and charged to the front to win his third semi in four weeks. Pemberton took the lead in the final turn for the win.

Country Estates Names Center Head

John V. Murphy has joined the San Diego Country Estates staff as Manager of the community's Western Equestrian Center, according to an announcement made by co-developer Bill Watt.

Murphy was most recently manager and trainer for Shar-Mar Arabians in Iowa. During the past two years, he entered nine shows and produced nine championships or reserves. He formerly managed the breeding and training program at the Kubela Ranch in Texas, home of Kontiki, Arabian National Champion race horse.

The Western Equestrian Center at San Diego Country Estates is open for boarding, training and horseback riding. Stable hours are Tuesday through Sunday, 8 a.m. to 5 p.m.

The resort community is located in San Vicente Valley 38 miles northeast of San Diego, four miles east of Ramona.

Ant, Spider Films

Films on army ants and black widow spiders are presented this weekend at the Natural History Museum in Balboa Park. Showings are at 1:30 and 3 p.m. Saturday and Sunday. No fee, but museum admission is $.75.

Lectures for Older Citizens Start Tues.

The Senior Citizens Center in La Mesa, 8450 La Mesa blvd., hosts a series of Community Health Lectures beginning Tuesday. The lectures are presented by the UCSD School of Medicine and the California Federation of Women's Clubs. Southern District 26.

Tuesday's topic is "Oh My Aching . . ." Other lecture titles and dates: "Who Do You Think You Are?" November 4; "A Parental Guide to Puberty," November 11; "Answers About Cancer," January 6 and "Not for Women Only," February 3.

Lectures begins at 7:30 p.m. and are free and open to the public. A question and answer period follows each.

Kiwanians Invited To Area-Wide Lunch

The Downtown Kiwanis Club holds an inter-council session Tuesday at noon in the El Cortez Hotel Cotillion Room. Representative Bob Wilson is guest speaker and entertainment is provided by the Central Musical Stage Choral Group under the direction of Otis Skilling.

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Daniel Evans, D.V.M.
Escondido Veterinarian, Vice President, Calif. Veterinary Medical Assn.

Donald Theil
Professor at San Diego State University, and Horseman.

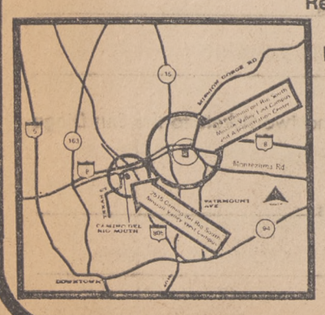
Oct. 3; 5:30-9:30 p.m.
Sessions 1 & 2
Purchasing the Horse
Contracts and Leases
Instructor: Panel
Discussions by Faculty

Oct. 10; 5:30-9:30 p.m.
Sessions 3 & 4
Horse Care and Nutrition
Disease and Parasite Control
Instructor: Dr. Evans

Oct. 17; 5:30-9:30 p.m.
Sessions 5 & 6
Reproduction and Genetics
Equine Psychology
Instructor: Professor Dunn

Oct. 25; 9a.m.-12p.m.
Sessions 7 & 8
Efficient Business Practices for Horsemen. Legal Responsibilities of Horse Ownership
Instructor: Mr. Wood

Oct. 25; 1 p.m.-5 p.m.
Sessions 9 & 10
Careers Related to the Horse Industry
The Owner-trainer Relationship
Instructor: Professor Theil



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Aztec Club Launches 1975 Membership Drive

With San Diego State's athletic fortunes now at their brightest, The Aztec Club launched its fall membership campaign this week.

"We invite all San Diegans to join in support of the Aztecs move to achieve national prominence in collegiate sports," Tom Ables, club president, said, in announcing the drive. The Aztec Club is a non-profit organization which provides athletic scholarships and off-campus jobs.

"President Brage Golding has made it clear that San Diego State is determined to provide a top-flight athletic program. Athletic director Ken Karr has scheduled major opponents for coming seasons. The Aztecs are shooting for Super-75 membership. And certainly Claude Gilbert and his football team have made it clear they already are one of America's most exciting teams," he said.

NCAA View Eyed

But there's another important measuring stick. To help assure full consideration for the Aztecs when the NCAA sits down to determine who will be included in the so-called Super-75 national conference, broader community support is essential.

"In the first phase of our 1975 membership drive, we added 400 new members, and renewed a big percentage of old membership," Ables said.

"But frankly that falls far short of the support level we must reach and maintain if the Aztecs are to compete successfully with teams like Wisconsin, Washington, Iowa State, Oklahoma State, Oregon, Miami, Oregon State and Washington State, all on our football schedule in the near future."

Membership teams will begin recruiting new members starting Oct. 1, but knowing they won't reach all those who want to support the Aztecs at this break-through stage, Ables urged interested persons to phone 286-6444. All membership contributions are tax deductible.

Kathy Whitworth Signed For LPGA Oct. Tourney

Kathy Whitworth, the all-time leading money winner among women golfers, will play in the 72-hole $53,000 LPGA tournament October 23-26 in Rancho Santa Fe.

Having won a career $574,000 in purses, Whitworth will be among nearly 80 women pros who, during the opening rounds, will be joined by male professionals and amateurs in this unique tournament that will be played at Whispering Palms and Lomas Santa Fe Country Clubs.

The male pros, representing the Southern Section of the Professional Golfers Assn. (SCPGA) will compete 36 holes for $10,000.

Both the women and male pros will be paired with the amateur field for two 36-hole pro-ams that will be conducted simultaneously with the main event during the first two days of the tournament. Scores by the professionals in the pro-ams will count toward their individual medal-play tournaments.

The amateur fee of $250 includes participation in the two 36-hole pro-ams (one with their male and the other with their woman pro partner), electric cart, awards banquet and show for two, guest privileges throughout the tournament, participant's gift package and pro-am prizes. Reservations are being taken at the tournament office at Whispering Palms Country Club, the phone number there is 756-2471.

The entire field, women and men professionals and their amateur partners, will alternate between Whispering Palms and Lomas Santa Fe the first two days of the event with the women pros completing the tournament Saturday and Sunday, October 25-26, at Whispering Palms.

Season tickets at a special pre-tournament price of $6, providing admittance to all four tournament days as well as practice rounds, may be purchased at pro shops and golf supply houses throughout San Diego County.

Orts, D-Backs Unbeaten in SV

Current standings in the Spring Valley Recreations Adult 12" Softball League are:

Women	
Orts	5-0
Tiggers	3-2
SV Sallies	2-3
Griffettes	0-5
Men Div. I	
Diamondbacks	6-0
Rainbow Co.	2-3-1
Faithful Few	2-4
Chevrolet	1-5
Men Div. II	
S.V. Rec.	5-1
Yech	4-2-1
Tigers	2-3-1
Olds	1-5

L.A. Champ Stars At 'Cycle Classic'

Race fans at Ontario Motor Speedway Saturday and Sunday for the $60,000 Champion Spark Plug Motorcycle Classics can salute 23 year old Baldwin Park racer, Gary Scott, the first-ever American Motorcycle Assn. Grand National Champion from the Los Angeles area. He clinched the title at the recent San Jose mile dirt-track qualifier.

In close on 30 years of Championship racing, the closest that the title has previously been to L.A. is when San Diego's Brad Andres took it in 1955 and San Luis Obispo's Gene Romero carried the honor in 1970. Now Scott, after placing second in National series points for the past three consecutive years (ever since he gained Expert status) has finally brought it to the Southland.

RACE SCHEDULE
SATURDAY

Practice — Expert/Junior/Novice — 8:00-11:30: a.m.
Practice— Production Classes — 12:00-12:30 p.m.
Novice, Expert, Junior Heats — 1 p.m.
Heavyweight Production Race
250cc Expert/Junior Combined Final

SUNDAY

Practice — 8:00-9:30 a.m.
Novice Final — 10:00 a.m.
Junior Final — 11:00 a.m.
1st 100 Mile
Expert Race — 1:00 p.m.
Lightweight Production Race — 2:30 p.m.
2nd 100 Mile
Expert Race — 3:30 p.m.

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Nuclear Plant Operates at 76% of Capacity

The San Onofre Nuclear power plant generated more than 1.6 billion kilowatt-hours of elecricity for Southland residents during the first seven months of 1975, according to San Diego Gas and Electric.

SDG&E and Southern California Edison, joint owners of the generating station, said San Onofre has operated at 76 per cent of its capacity.

The availability figure was achieved even though time out of service this year included 40 days for routine refueling of the reactor core and maintenance work. Refueling is required about every 16 months at a nuclear power plant.

David J. Fogarty, Edison vice president in charge of power supply, hopes to equal or surpass 1974's record 83.5 per cent capacity factor.

Another 2.7 million barrels of costly imported low-sulfur fuel oil would have been needed to produce the equivalent amount of energy last year, Fogarty reported.

TAKE FIVE

By John E. Wirges

Saturday dawned warm, pleasant and sunny and all in our company were at ease with the world, save the usual one or two perennial grouches common to all gatherings.

The occasion was the annual San Diego press community's pilgrimage to the charm and splendor of our Baja journalistic neighbors. The annual Mexican press party. A day of wonderment.

It was our pleasure this year to be hosted by Senor Alfonso Bustamante at his bull growing, vacation resort located several mountains east of Tecate.

The two hour bus ride was filled with delightful company, near brilliant conversation (about par for writers, editors and such) and enough cerveza to test the strongest of bladders.

But the human spirit is strong and the second thing we did on arriving at Sr. Alfonso Bustamante's Hacienda Santa Veronica was to drink more beer.

In addition ,there were many margaritas, much mariachi music, and some delightful "Presidente" brandy served with ice, water, or neat for those foolish to chase strong drink with hot sun.

It was a grand afternoon, with a cool breeze and tall shade trees. Children cavorted in the pool and looked so "feliz" several adults joined them, clothes and all.

In due time there was much beans, tacos 'n tortillas, proving once again that when they're not drinking, writers like to eat.

"It is good. It tastes like old goat," said one visitor around a bean stained moustache. "And old goat is best."

"It is not old goat. It is young pig," said a younger and larger moustache. "And young pig is better than olld goat."

It was this kind of brilliant conversation that moved the afternoon so speedily along. In just moments the hours flew by and it was time for the bulls.

Sr. Bustamante is a matador of considerable merit and raises bulls for the fighting rings of Mexico. And we were to have a demonstration of the art. It is a specialty of Rancho Santa Veronica.

We boarded bus, auto and horse cart for the trip to the practice ring. Early arrivals filled the grandstand and the rest climbed up and sat on the fence.

The first bull came charging in and Sr. Bustamante played him well. He was a young bull, but eager. He charged with his tail up and his horns down. "Matador" Bustamante displayed beautiful footwork, a dancing cape and a dashing spirit. Then he asked for volunteers.

As I laughed at anyone being fool enough to try and looked around to see if there were fools present, someone pushed me off the wall and into the ring.

Sr. Bustamante smiled a large smile and handed me the cape. I was trapped. It was too late to run and there was no place to hide.

I took the cape, stepped on it, tripped and almost fell down. The bull laughed. He could tell. A gringo was about to make a fool of himself.

"Toro," I yelled in near fear. The only other Spanish I know is "lavarse sus manos," and telling the bull to wash his hands didn't seem appropriate. "Toreo" the bull stopped laughing. I tried again ."Aaaaah Toro."

He charged and as I turned to run, the cape swirled and the bull followed it.

"Bravo," yelled the crowd. Sonuvagun I was bull fighting. And it was fun. Besides, the bull was only a-year old. I outweighed him by 50 pounds.

I waved the cape and kicked dirt. "No," I told myself. "The bull is supposed to do that. You just wave the cape, dummy."

He charged and I swirled the cape. The bull tripped on the damn thing and almost fell down. He was as clumsy as me. Dumb bull.

By this time a crowd of others had lined up to fight the bulls. My little one was sent from the ring in favor of another. This was a large bull. He looked at me, gave a nasty snort and smiled an "I'll get you" smile. Then I did a very smart thing.

I gave my cape to the little girl next in line and climbed up the wall. As a matador, I have retired.

New Backfield Sparks Toreros to 31-12 Win

When the season began on September 6, USD coach Dick Logan said the Torero running game was much improved.

However, it wasn't until he started a completely new backfield consisting of Dan Chaix (QB), Terry Frank (RB), and Ken Wright (FB), did they live up to the pre-season expectations.

Chaix, an exciting roll-out quarterback, has taken the starting job away from senior Mike Spooner. Dan ended the evening Friday by hitting on 4 of 7 passes for 64 yards, and a score. He also ran the ball in once from the two for another score.

USD won 26-6 and are 1-1 losing the opener to Redlands 31-12.

Terry Frank, a freshman from Cherry Creek, Colorado, raced 51 yards for a score late in the third quarter, that put the game out of reach. He ended the night with 64 yards on only 8 carries. Ken Wright, a sophomore, gained 41 yards on 11 carries.

The Torero defense played well too, as they held LaVerne to 100 yards on the ground. Tim Berenda and Greg Perkins sparkled at the linebacker spots.

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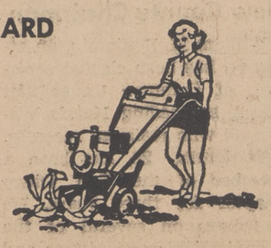
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Course in Horse Management Offers College Credit

Twenty hours of instruction on Equine Management and Production, spread out over three Friday evenings and a final, all-day Saturday field trip, is the latest in management seminars offered by National University, San Diego.

Four-hour sessions will be held October 3, 10, and 17 at the university's main campus, 4141 Camino Del Rio South, from 5:30 to 9:30 p.m. The Saturday session will be held at a local ranch on October 25, 9-5.

The seminar conforms to National University's policy of developing degree programs, individual courses, and meaningful seminars at the university level for mature adults.

Dr. Paul Gelles, Dean of Curriculum at National, explained that discussions will focus on efficient equine management practices for both the owner of just one pleasure horse, as well as the individual involved with horses as a business.

Top Faculty

The faculty will be Kenneth A. Wood, attorney and author of "This Business Of Horses"; Professor Norman Dunn, Director of the Kellog Arabian Facility, at Cal Poly, Pomona; Professor Donald Theil, local horseman and professor at SDSU; and Dr. Daniel Evans, Escondido veterinarian.

Courses include: Purchasing the Horse, Contracts and Leases, Horse Care and Nutrition, Disease and Parasite Control, Reproduction and Genetics, Equine Psychology, Efficient Business Practices for Horsemen, Legal Responsibilities of Horse Ownership, Careers Related To The Horse Industry, and Owner-Trainer Relationships.

The series of lectures is $60 per person, and enrollment is limited 40 students. College credit may be achieved at the option of the student.

Additional short courses will be offered in the future and Equine Management will be expanded into a degree program.

Bar's Loss is $212

A bar patron is $200 richer.

He entered George's Hideaway during closed hours during the week-end of September 13 and got away with $167 in money from cash hideout and $45 in change kept in a jug. $212 in all.

George's is at 435 Sweetwater rd., Spring Valley.

Prospects Dim for Unser At Second IROC Race

RIVERSIDE — Very painfully, Bobby Unser won the pole position for his next automobile race.

The 41-year-old Indianapolis 500 champion broke his knee in a last lap accident September 13 at Michigan International Speedway and missed the first race of 1975-76 International Race of Champions held that same afternoon.

IROC organizers Roger Penske and Les Richter awarded Unser last place in the 12-man field even though he didn't compete and that automatically puts him in the front row for the second race coming up October 25 at Riverside International Raceway.

However, there's some doubt whether Unser, who won this prestigious series a year ago, will be sufficiently recovered for the Riverside events. His right leg is in a cast from ankle to thigh that probably won't be removed until late October.

The IROC matches 12 of the world's top professional drivers in identical Chevrolet Camaros and Unser has been in both previous series, finishing third two years ago and first last year. The IROC carries a purse of $212,000 with $50,000 guaranteed to the champion.

Bonus Won

Stock car driver David Pearson won the first event on the two-mile high-banked Michigan oval and earned a $3,000 bonus to go with his 12 points. Bobby Allison, another stock car star, was second with A. J. Foyt, Benny Parsons, Emerson Fittipaldi and Richard Petty all following Pearson closely across the finish line.

The second race will be held October 25 at Riverside on a 2.54 mile road course and the third event will follow on the same course the next day. The last race of the series will be held on a 2½ mile oval at Daytona Beach, Fla., next February.

Each event is weighted equally and the drivers with the most points earned overall will be crowned "Champion of Champions" for 1975-76.

Results of the first leg of the 1975-76 IROC:

1. David Pearson; 2. Bobby Allison; 3. A. J. Foyt; 4. Benny Parson; 5. Emerson Fittipaldi; 6. Richard Petty; 7. Brian Redman; 8. Al Unser; 9. Mario Andretti; 10. Jody Scheckter; 11. James Hunt; 12. Bobby Unser.

Deli Tables Taken

Someone took a liking to the cozy little tables used by sandwich patrons at the delicatessen operated by Giacinto Cangialosi at 2911 Sweetwater rd. at Troy in Spring Valley.

Three tables measuring 2x4 feet were valued at $150 by the owner. They were taken during closed hours.

Sandy Fitzpatrick To Coach Aztecs

The Aztec hockey team of S. D. State opens it's seventh season as reigning champions of the Southwestern Collegiate Hockey League. The team plays its first exhibition game against the San Diego Sharks October 13, 7:30 p.m. at the Mira Mesa House of Ice. It is the sixth season in which SDSU has entered the season as defending champions. SDSU's sixth title was won at the league play-offs held in Flagstaff last spring.

Sandy Fitzpatrick, former WHL star and San Diego Gull will take the place of Dennis Selder as head coach. Selder will remain with the club as a player.

Fitzpatrick said he has accepted the position because of a void existing between amateur and professional ranks in the Southwest. His belief is that collegiate hockey can fill this void within a strong framework established by the schools in the SCHL.

British Columbia U., Stanford U., UCLA, NAU, Colorado College and Utah State will be opponents this season.

Sports Figures At UW Meet

A United Way/CHAD luncheon sponsored by Sportscasters-Sportswriters Assn. will be held at the Stadium Club Wednesday.

It will be to give a campaign report by UW/CHAD and several sports celebrities will be present. Lunch is $3.50. Parking is free. Public is invited. Guests enter Gate E, take elevator to 2-A. Call 292-4455.

Poway Horse Show Booked for Sunday

English/Western and gymkhana events are carded for the Poway Riders monthly horse show Sunday at 8:30 a.m. at the group's club grounds, 14336 Tierra Bonita rd. in Poway.

The English/Western class includes two jump classes, with Melinda Thomas as judge.

El Huntsman will judge the gymkhana.

Correct attire is required in all classes and prizes will be trophies for first with ribbons to 10th in junior classes and to 6th in 18-and-over classes.

Premium list information is available from Caroline Strub at 487-4406.

Coyote Canyon Open Again to Off-Roaders

Coyote Canyon, in Anza-Borrego Desert State Park east of San Diego, was reopened to the public October 1, according to State Parks and Recreation Director Herbert Rhodes.

The canyon was closed July 1 to protect the peninsular bighorn sheep, which must use Coyote Creek as a watering place during the dry months of the year. The closure points were at the park boundary in the Borrego Valley and above the Turkey Track in Riverside County.

ACE
Drive-In Theatre
Broadway, Lemon Grove
"Blazing Saddles"
"Take the Money and Run"
(PG)
Playing thru Oct. 7
Adm. $2.50 per carload
Open 6:45 — Start 7:15
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SPECIAL NOTICE:
This is a lender's liquidation sale... prices have been reduced significantly.
Big Homes Big Lots Big Savings
9 ONLY
A remarkable opportunity. If you hurry you can buy one of these 9 remaining single-family homes in beautiful Rancho San Diego at prices far below market value. These gorgeous 4-bedroom, 3-bath homes have sensational views, huge lots (about ⅓ acre) and standard features such as fireplaces, cathedral ceilings, attached 2-car garages, cable TV connections, mirrored wardrobe doors, formal dining rooms, and kitchens with self-cleaning oven, microwave oven, cooktop, trash compactor, dishwasher, disposer, luminous ceiling and ceramic tile counter tops. And for a small monthly fee you can enjoy Rancho San Diego's exceptional clubhouse, tennis courts and pool. Riding stables and Cottonwood Country Club golf course also are nearby and downtown San Diego is just 12 miles away.
Priced from just $57,000 to $59,000
Fine conventional financing available
These homes qualify for the 1975 Federal Tax Credit

Cabrillo Pacific
Models and sales office open Saturday & Sunday, 10 am–5 pm.
For information call Loma West Real Estate, 461-7740.
EQUAL HOUSING OPPORTUNITIES

Mexican Festival Slated for Arena

The colorful and exciting National Mexican Festival & Rodeo, starring Tony Aguilar, popular Mexican film star and Latin America's favorite recording artist, will come to the San Diego Sports Arena Saturday and Sunday, October 4-5.

Tickets are on sale at the Arena boxoffice.

Among the highlights of the extravaganza are the songs and horsemanship feats of Aguilar, his beautiful wife, Flor Silvestre, also a popular recording artist; and their two sons, teen-aged Tonito and 7-year-old Pepito; an international horse show comprising the magnificent "dancing" Lipizzans and others with century-old lineages, death-defying stunts of the fearless charros (Mexican cowboys) and the renowned International All-Girl Precision Riding team of colorfully-clad senoritas performing to the Mariachi music of the show's San Miguel band.

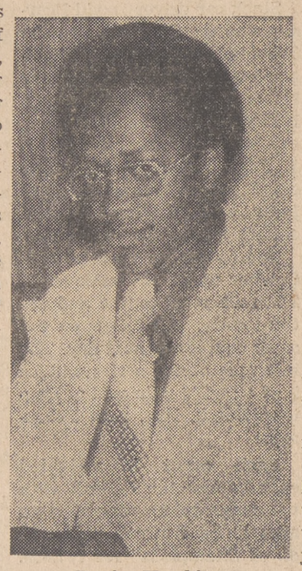
Among the new acts is Jerry Olsen's trained Buffalo, "Samuelito", a one-ton performer of amazing feats on command from Olsen — a debut series of stunts that amazed Madison Square Garden audiences, and the "Dance of the Deer" (Danza del Vanado) by skillful dancers of the noted Bellas Artes Ballad of Mexico City.

An American two-girl, trick-riding act by lovely blondes Danny Connelly and Bonnie Happy, and one by an expert Mexican performer, Lupito, are also new to this spectacular bi-lingual show.

Grove Man Earns Citation On Temporary County Job

The County's Department of Special Manpower Services has awarded Daniel Hawkins of 6985 Waite dr., Lemon Grove a citation for his superior achievements in the Department of General Services.

The 24-year-old aide was singled out for the monthly honor from among 374 temporary County employees hired under Title VI of the Federal Comprehensive Employment and Training Act (CETA).



Daniel Hawkins

Over 1800 CETA employees working in County offices and countywide school, water, fire, and other special districts are eligible for the Special Manpower Services awards. Selection is based on efficiency, productivity and high morale exhibited by the federally subsidized employees.

Hawkins, a CETA man since last January, impressed his supervisors with his able assistance in preparing the County's $1.2 million vehicle and communication budget.

5-Year Study

He also analyzed job turnover in the 666-man Department of General Services during the past five years, devising a new job classification which he said outlines "the strength and weakness of the promotional system."

"They've already used it on wo or three occasions and it's not quite finished yet," Hawkins said.

The CETA aide, a political science graduate of Glassboro State College in New Jersey, is busy working on a new trade apprenticeship program for the County.

The idea, he observed, is to come up with a proposal "that he Board of Supervisors will approve and the state will go along with."

Hawkins said he's already met with Los Angeles County officials to discuss the problems and pitfalls they encountered in setting up their County trade apprenticeship project.

An avid reader and chess buff, Hawkins foresees his professional future in jurisprudence and government.

After completing his CETA assignments, he wants to attend law school.

Tax Bills to Have More Information

A new type of tax statement is being received by 200,000 property owners whose regular bills are picked up by lending agencies and mortgage companies, County Tax Collector James E. Jones said this week.

The statements are similar to 1975-76 bills mailed earlier to owners of real property who do not pay their taxes with monthly mortgage payments.

Computerized information on the copies will be identical to that which went to the lenders, but explanatory notes are printed in the space used for payment stubs on the originals.

Many taxpayers will see itemized breakdowns of their tax statements for the first time, Jones said. A property owner will be able to tell how much of his tax dollar goes to each taxing agency in his rate area.

Senior citizens who retain the information copy can use it when they apply to the state for senior citizens' tax assistance next May.

Every property owner in the county should get some kind of tax bill this year, Jones said. Property owners can call the tax collector's office at 236-3121 if they do not find answers to questions about tax payments on their tax bills on information statements.

Those who do not receive a bill or statement by November 1 should request one.

$57,000 Buys Last of Cabrillo Pacific Units

The last eight homes at Cabrillo Pacific, a luxury single-family home community in Rancho San Diego, are being liquidated at reduced prices, according to Shirley Oliver of Loma West Real Estate, who is handling sales.

Prices on the large four-bedroom, three-bath homes have been reduced from the mid-sixties to between $57,000 and $59,000. Conventional financing is available and the homes qualify for the five per cent Federal tax credit.

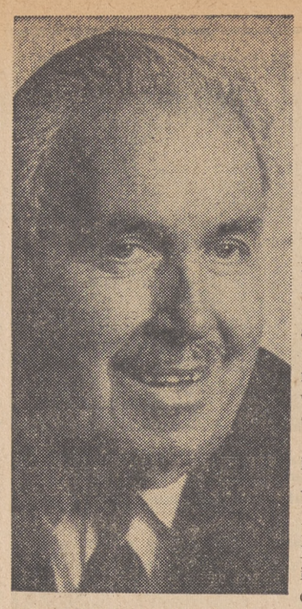
The homes are situated on lots up to one-third acre and have exceptional views of the surrounding hills. All utilities are underground.

Three different two-story model plans are offered.

Other features include fireplaces, cathedral ceilings, attached two-car garages, cable TV connections, mirrored wardrobe doors, formal dining rooms and kitchens with self-cleaning ovens and separate ranges, micro-wave ovens, trash compactors and dishwashers.

Recreation includes tennis courts, swimming pool and club house facilities for a $17 monthly fee.

The models are located at 10051 Canyontop st.



PROMOTION— Lincoln Merrill, past manager of the Lemon Grove office of SGS Real Estate Co., has become the firm's recruiting director, a new position created to solidify company growth in this area, according to John Stenbeck, board chairman.

Flu or 'Symptoms' May Fell One Million This Season

No matter what it really is, more than a million Californians complain about the "flu" during an average winter. In a bad year, half of the population — about 10 million — may be briefly bedded down with fever, cough, and general misery.

How much of this malaise is genuine influenza — Type A or B, Hong Kong, English, etc. — no one really knows. Epidemiologists in the State Department of Health are trying to find out but the job is difficult.

Is It Really Flu?

State Health Director Jerome Lackner, M.D. says part of the problem is that doctors are not required to report influenza as they do VD, measles, and other communicable diseases. But the most important factor is the multitude of other virus infections that may be mistaken for flu. For example, Lackner said, nausea, vomiting, and diarrhea signal some common types of infections but these symptoms are not typical with influenza.

Often, he said, the real flu will develop into pneumonia or other respiratory complications before the victim seeks medical help. By then, it's too late either to diagnose or worry about the original illness.

Excess deaths in the population from pneumonia and other respiratory infections, coupled with school and job absenteeism, are good indications that an epidemic is underway, he said, but there is no sure way to tell how much of the problem is due to influenza.

Each year the State Health Department relies on absenteeism from selected school districts and pneumonia and influenza death reports from 11 cities in the state to gauge the extent of the influenza season. In addition, laboratory tests on blood and other specimen collected from suspected influenza cases are used to identify the specific virus circulating in the state.

Flu Shots

"This fall, for the second year, flu shots will be available free — or for no more than a dollar — from local health departments. Anyone 60 or over and people with chronic conditions, such as heart disease, respiratory problems, and diabetes, are eligible to receive flu vaccine."

Lackner hopes more people in the high risk categories will obtain flu shots in 1975 than the number who appeared at clinics last year. Only 400,000 of the 700,000 doses of vaccine available in California were used, even though a new variant of the flu — the Port Chalmers strain — had already reached the United States. Another 700,000 doses have been purchased by the state this year and distributed to county health departments for flu inoculations during September and October.

"Immunization against the flu is the best investment anyone can make for their health's sake," Lackner said.

"Until recently, I was taking care of people with winter illnesses and I know the threat to life and health from influenza is much worse than the sting of a needle. Besides, today's flu vaccine is a vast improvement over what we used to have. The flu bug can kill. No flu shot has."

Takes Many Forms

In contrast to other disease causing agents, the influenza viruses undergo frequent changes in their composition. As new types of influenza viruses appear they can spread rapidly because the population is completely susceptible to them. Influenza viruses are named after the location where they are first detected.

The Hong Kong variant of the Type A influenza virus reached California during the 1968/69 influenza season and caused a large number of deaths among the older population.

During the 1972/73 season, this virus disappeared only to be replaced by the newer English or "London" strain Type A influenza.

The Port Chalmers (New Zealand type flu virus circulated in California last year but was not associated with any extensive outbreaks. A newer variant of the Type A influenza virus was detected in Scotland last year and this virus may be expected to reach the United States during the coming influenza season.

Lackner pointed out that the new influenza vaccine which the State has purchased contains all of the influenza virus types which may cause disease this season. Up to 70 or 80 percent protection against these influenza viruses can be expected among those who receive this vaccine.

Shots for Elderly

Health authorities estimate that at least 2 million persons in California are 60 or over. They cannot give a figure on the chronically ill, however, because the definition of a chronic illness can vary among physicians. Lackner advised anyone concerned about their eligiblity for a flu shot to call their local health department.

Senior citizen groups assist health agencies in making information about flu clinics known to older persons. The vaccine costs $1 a shot, to cover operating costs, but in most areas of the state there is no charge to those who cannot afford the fee.

Senator Blasts Rockefeller Foundation For Franklin Aid

A Rockefeller Foundation grant to a known revolutionary was cited recently to President Ford as "the kind of activity concerning the Rockefeller name — which causes agony to many Republicans . . ."

The complaint was spelled out in a letter to the President from State Sen. H. L. (Bill) Richardson (R-Arcadia), a leading California conservative and last year's Republican nominee for U.S. Senate.

Richardson revealed that he handed the letter to the President when he visited Sacramento.

Richardson said that many Republicans "did not applaud" Ford's choice of Nelson Rockefeller for vice president and do not intend to support the former New York governor at next year's Republican National Convention.

"It should be of greater concern to you, perhaps, that his choice by you as vice president is a major reason many Republicans cannot support your own Presidential candidacy," Richardson wrote.

In the case mentioned, the revolutionary cited by Richard is H. Bruce Franklin, one-time professor at Stanford University, now joining the Rutgers University faculty.

". . . Mr. Franklin is the founder of the Venceremos organization, an acknowledged revolutionary group," the letter states. "There is little question that Venceremos was the forerunner of another violent revolutionary group, the Symbionese Liberation Army."

Richardson said this information was pointed out to the Rockefeller Foundation, and he termed the foundation's response "inadequate and disgusting."

Essentially, the foundation said greater attention is paid to "scholarly publication and accomplishments" than to previous political activities.

Cites Revolutionary Aims

"In this particular case, we are not discussing some abstract theory of revolution or change in the United States. We are not even talking about usual kinds of political activity," the letter states, adding:

"Mr. Franklin founded and headed an organization with express revolutionary aims and which has taken part in specific, violent revolutionary activities against the people of the United States.

Again, the Rockefeller Foundation doesn't appear to give a damn."

Richardson concedes that it is possible Vice President Rockefeller does not know of this specific case, but says "there is no question that he and members of his family give guidance as to how the foundation must operate, especially as regards to policy."

Not Enough Bite In Tuna Embargo, Tunney Tells Ford

Senator John Tunney (D. Calif.) has called for tougher measures to deal with countries violating international fishing agreements.

Although Secretary of Commerce Rogers C. B. Morton recently recommended an embargo in yellowfin tuna products, Tunney said, "Much stronger punitive actions than those suggested by the Department of Commerce are needed.

In a letter written to President Ford, Tunney calls for an import embargo on all tuna fish products from foreign countries which have violated the conservation agreements.

Supervisors Needed for V.F.W. Teen-Dances

Another plea has been made by the chairmen of the VFW Youth Committee for male supervisors for the group's monthly Teen Dance.

Volunteers should contact Dick Bales at 451-5877 or Joe Nelson at 465-1992. The work consists of being present for about four hours once a month.

The Teen Dance committee will meet tonight at 7 p.m. at the VFW Hall, 2885 Imperial ave., Lemon Grove. The seniors will meet at the same place at 8 p.m.

The September dance which included a dance contest sponsored by Art Spencer, attracted a capacity crowd. The next dance is scheduled for October 24 and in charge of the hot food again will be "Hot-dog Queen Mary Lou and Her Wotten Kid." She and her son Dean add to the fun of the dances, Bales said.

Common Cause Picks New County Chairman

William M. Benjamin, an attorney, has been elected chairman of Common Cause San Diego, succeeding Harris Wagenseil who resigned recently.

Benjamin, 28, has been a member of the San Diego chapter for three years. He has been on several of the organization's committees and is a member of its speakers bureau.

Stull Named to Senate Education Rules Group

Senator John Stull (R-38th District) has been appointed by the Senate Rules Committee to the Education Commission of the States.

Stull, vice chairman of the Senate Education Committee, will join Governor Brown and five other Californians as a commissioner of the national organization. He will represent the State Senate.

"My interest in quality education is an abiding one, and having the opportunity to keep fully informed of education developments and innovations throughout the nation will enable me to keep California in the forefront. Additionally, I will have an opportunity to share California's experiences and successes, such as my landmark legislation in the areas of educator accountability and parental control of pupil records," Stull said.

The Education Commission of the States is a nonprofit organization formed by interstate compact in 1966 to further working relationships among governors, state legislators and educators for the improvement of education at all levels. Forty-five states, Puerto Rico and the Virgin Islands are members of the Commission. It provides information on state-related education activities and, when appropriate, suggests options and alternatives to meet specific state needs. The Commission also serves as a liaison between the states and the federal government.

Title Firm Opens El Cajon Branch

First California Title Co. has opened a "full service" title operation in its branch office at 5922 El Cajon blvd., San Diego.

Hal C. Norton, vice president and branch manager said that localizing title operations will provide faster and more personalized service in writing title reports and policies.

In April, First California combined its operations with Commercial Standard Title which was formerly in First California's present location.

All of Commercial's personnel was retained.

Youth Offense Referral Rate Takes Huge Climb

A sharp increase in county referral cases handled by Youth Authorities in Los Angeles is the attributed cause of a rise in statewide referral figures in 1974, a report released by the California Youth Authority shows.

County referral cases are sent to the Youth Authority by a county juvenile court for short-term diagnosis — usually about six weeks — and a recommendation for disposition of the case.

Figures show 133 such cases in Los Angeles in 1974, up from 40 in the previous year.

By comparison, the San Diego area had three referrals, up from two in 1973.

State totals are 165 in 1974, 65 in 1973.

Typical offenses among referral cases, listed in order of frequency, are assault (most frequent), burglary, robbery, escape, auto theft, sex offenses, homicide and incorrigible and runaway.

New Cub Scouts Meet Wednesday

Cub Scout troops will meet Wednesday evening at local elementary schools across the county for a special recruitment program.

Boys eight to ten years old are invited to attend the meeting at the nearest school.

Boy Scouts, for boys ages 11 to 18, are recruiting new members through October 16.

Call the County Council Scout Office, 289-6121, for the nearest Cub Scout meeting place of Boy Scout Troop.

$1 Admits Public To Jazz Classwork

Some interesting class work is set at Grossmont College's Student Center on Wednesday. Dick Braun's Band presents a "Big Band Concert" at 8 p.m. as part of the continuing education non-credit course titled "History of Jazz." The band will play both Dixieland and swing and will follow with a question and answer period.

The public is invited to join the class for a $1 fee. Anyone attending may also attend remaining class sessions without additional charges.

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Oak Dental Cabinet	Walnut Gallery desk
Round Oak Table, 6 pressed back chairs	Oak highboy
Pine cobblers bench	Golden Oak Rolltop desk
Pine water bench	Mahogany drum table
Oak China Cabinet	Shearton etergere
Pine kitchen cupboard	Oak princess dresser
Walnut sofa, Victorian	Child's Farm Wagon
Pine jelly cupboard	Flat top oak desk
Oak dressing table	"Gone with the Wind" lamp
Westminster Chime Wall Clock	Oak Ice Box
Brigham Young Rocker	Goat Cart
Buckboard seat	Hanging Lamps
Eastlake ladies desk	Pine blanket chest
Hand carved camphor chest	Eastlake Fern Stand
Oak dresser, beveled mirror	Oak commode
Burled Walnut end table	Oak piano stool
GIFTS — COLLECTIBLES	— PRIMITIVES
Haviland Chocolate pot	Cheese dishes
Cut glass fruit bowl	Brass banquet lamps
Figural silver napkin rings	Coffee grinders
Bohemian glass Vintage bowl	Candy scale
All Original Organ lamp	Flo blue dishes
Desk lamps	Brass coal hod
Inkwells	Copper fire extinguisher
Paperweights	Wooden firkin
Brass and copper pots	Kerosene hanging lamp
Charcoal Irons	

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If you're ready to retire, you're ready for Series H Bonds.
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So why not think about H Bonds? They can be ordered through your bank, in denominations of $500 and up.
Remember, there is no surer way to keep the money rolling in.
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Take stock in America.
200 years at the same location.
Ad Council A public service of this publication and The Advertising Council.

New, Tough Regulation Now Used for Auto Ads

"The toughest regulations in State history," will be enforced by the Department of Motor Vehicles against auto dealers' advertising, says DMV Director Herman Sillas.

Regulations are designed specifically to curtail exaggerated newspaper, radio and television claims and to eliminate "bait and switch" practices.

No more. says Sillas, will shoppers be told that wellworn taxicabs or salvage vehicles were driven "by maiden aunts only to church on Sunday."

DMV, which licenses all California auto dealers and salespersons, is redirecting its compliance division priorities toward investigation of consumer complaints — but the cooperation of the public is needed.

A Southern California dealer advertised an auto which usually sells for more than $6,500 for half that price. The investigation revealed that the dealer had three such vehicles for sale but they were specially constructed for advertising purposes. "They were outfitted with the least expensive 6-cylinder engine, stick shift and without radio, heater or other niceties. It wasn't hard to switch the shopper who had been baited into the showroom on the $3,000 price." Sillas said.

Now the vehicle's history must be revealed. Buyers must be informed if the car was once a taxicab or police car or insurance salvage — if such information is known to the dealer. If the information isn't available from the dealer the shopper can check with DMV.

Larry Searles, senior special investigator for DMV, San Diego, said that several complaints have already been accepted here.

These are investigated and if the plaintiff doesn't desist, the city prosecutor is asked for a criminal complaint.

Ma Bell Fetes Five Employees

Five Pacific Telephone employees, all of whom work at the La Mesa plant service center, were honored recently at a testimonial dinner held at the Ox Bow Inn in Casa de Oro.

Honorees at the dinner party were Bill Gwyn, testman, 25 years, Spring Valley; Victor Baumeister, line assigner, 30 years, Spring Valley; Robert Pearson, chief line assigner, ten years, Jamul; John Meisinger, testman, 20 years, El Cajon and Dolly Shubert, clerk, five years, La Mesa.

Air Pollution Levels Stable in 1st Quarter

Pollution levels in the first quarter of 1975 exhibited little change from the first quarter of 1974, the County Air Pollution Control District reports. The federal oxidant standard of .08 ppm was exceeded on 26 days in the San Diego Air Basin in both 1975 and 1974. Average oxidant levels were similar throughout the basin and relatively lower than levels in other quarters. This is a typical occurence for this time of the year. One notable exception, discussed below, occured on the 25th of January.

In general, meteorological conditions changed little between the first quarter of 1975 and 1974. The average daily maximum mixing height for 1975 was 3000 feet, compared with 3700 feet for 1974. Mixing heights above 2500 feet normally do not contribute to significant pollution concentrations. The percent of sunshine to react with pollutants photochemically was 75% in 1975 and 72% in 1974.

Lions List Services For Past Fiscal Year

Larry Leahy, president of Spring Valley Lions Club, announced that during the past fiscal year the club spent $547 for eye care and glasses for local needy families.

The members also sponsored three exchange students and donated 22 pints of blood to the Blood Bank. Ten pints were given for the benefit of needy families.

The club meets the first and third Wednesday evenings at 7:30 p.m. at Ox Bow Inn, Campo rd. in Spring Valley.

Cows Down

Milk cows on U. S. dairy farms during July totaled 11,142,000 head, down about 5,000 head from June figures.

Rummage Sale Goal Is Bright Christmas For Area Needy

The Spring Valley Community Aid, Inc., holds its annual rummage sale tomorrow and Saturday at the Nazarene Church, 3334 Bancroft dr., Spring Valley. The sale is held from 9 to 3 Friday and 9:30 to 12:30 Saturday.

Proceeds from the sale are used for Christmas baskets for needy families in the Spring Valley area.

Anyone wishing to donate items should call 466-4631. Cash donations are also accepted if sent to Spring Valley Community Aid Inc., P.O. Box 24, Spring Valley, CA 92077.

Proceeds from the sale are used for Christmas baskets for needy families in the Spring Valley area.

The organization, manned by volunteers, has helped needy families in the community for over 25 years.

Tenor Fried Opens College's Musical Salute to America

Grossmont College opens the series "Bicentennial of Musical America" with a performance tomorrow by Howard Fried, leading tenor of operatic and "pop" fame.

Fried's program, titled "Panorama of American Musical Theatre," begins at 8 p.m. in the Fine Arts Recital Hall on campus.

The combo of Hollace Koman, piano; Dirk Homan, trumpet and Mike Craig, bass, is the musical accompaniment. Featured are works of Herbert, Bernstein, Berlin, and Gershwin.

The public is invited and there is no charge.

8,000 Books for Sale

More than 8,000 books will go on sale for two days at Rancho Santa Fe this weekend.

The 12th aannual book fair is held Saturday and Sunday, presented by Rancho Santa Fe Library Guild at the library patio on Avenida de Acacias.

Hardbaacks and paperbacks cover a range of interest from classics to current best sellers. Children's books; text books; art, garden and cook books, first editions; encyclopedias; foreign language books and dictionaries are among the items to be sold.

Hours are 10 to 4 Saturday, noon to 4 Sunday.

LEGAL NOTICES

NOTICE OF INTENTION TO VACATE AND ABANDON A PORTION OF CALLE SUR, LEMON GROVE
Vac. 74-12

PUBLIC NOTICE IS HEREBY GIVEN that the Board of Supervisors adopted a resolution on September 23, 1975, declaring its intention to vacate and abandon the following described County highway:

A portion of an open space easement and a portion of Calle Sur, Lemon Grove.

A copy of the resolution with a complete legal description is on file in the office of the Clerk of the Board of Supervisors, Room 306, County Administration Center, 1600 Pacific Highway, San Diego, and is available for public inspection.

The Board has fixed October 22, 1975, at 2:00 p.m. and the North Chamber of said Board, Room 310, San Diego County Administration Center, 1600 Pacific Highway, San Diego, California, as the time and place for hearing on said resolution of intention.

YOU ARE HEREBY NOTIFIED to appear at the time and place fixed for said hearings and show cause, if any you have, why said highway should not be vacated and abandoned.

For further details reference is hereby made to said resolution of intention on file in the office of the Clerk of the Board of Supervisors, Room 306 of Said Administration Center.

BY ORDER OF THE BOARD OF SUPERVISORS adopted September 23, 1975.

PORTER D. CREMANS
Clerk of the Board of Supervisors
By Sara Drew
Deputy

L.G. Review Oct. 2, 9

NOTICE OF INTENTION TO ENGAGE IN THE SALE OF ALCOHOLIC BEVERAGES

To Whom It May Concern:

Subject to issuance of the license applied for, notice is hereby given that the undersigned proposes to sell alcoholic beverages at the premises, described as follows:

7973 Broadway
Lemon Grove 92045

Pursuant to such intention, the undersigned is applying to the Department of Alcoholic Beverage Control for issuance of an alcoholic beverage license (or licenses) for these premises as follows:

On-Sale Beer and Wine, Eating Place
HAROUCHE, Ebon L. & Maurice S.

L.G. Review Oct. 2

FICTITIOUS BUSINESS NAME STATEMENT
File No. 75 8265

The Following person is doing business as: LEO'S PLUMBING MAINTENANCE AND REPAIR at 2009 69th Street, San Diego, Calif. 92114

Leo R. Michelfelder
2009 69th Street
Lemon Grove, CA. 92045

This business is conducted by an individual.

Signed Leo R. Michelfelder

This statement was filed with the County Clerk of San Diego County on Sept 30, 1975.

Expires Dec. 31, 1980

L.G. Review Oct. 2, 9, 16, 23

FICTITIOUS BUSINESS NAME STATEMENT
File No. 75 8266

The following person is doing business as: CLAUUDIA'S WATERBEDS at 8253½ Broadway, Lemon Grove, CA. 92045

Claudia J. Thompson
2240 Orchard Ave.
El Cajon, CA. 92021

This business is conducted by an individual.

Signed Claudia J. Thompson

This statement was filed with the County Clerk of San Diego County on Sept. 30, 1975.

Expires Dec. 31, 1980

L.G. Review Oct. 2, 9, 16, 23

FICTITIOUS BUSINESS NAME STATEMENT
File No. 75 7440

The following person is doing business as: GREEN ACRE ENTERPRISES at 10525 Challenge Blvd., La Mesa, Calif. 92041

William J. Harvey
10525 Challenge Blvd.
La Mesa, Calif. 92041

This business is conducted by an Individual.

Signature William J. Harvey

This statement was filed with the County Clerk of San Diego County on Sept. 3, 1975.

Expires Dec. 31, 1980

L.G. Review Oct. 2, 9, 16, 23

NOTICE OF INTENTION TO ENGAGE IN THE SALE OF ALCOHOLIC BEVERAGES

To Whom It May Concern:

Subject to issuance of the license applied for, notice is hereby given that the undersigned proposes to sell alcoholic beverages at the premises, described as follows:

7569 Broadway,
Lemon Grove 92045

Pursuant to such intention, the undersigned is applying to the Department of Alcoholic Beverage Control for issuance of an alcoholic beverage license (or licenses) for these premises as follows:

ON SALE BEER AND WINE, PUBLIC PREMISES
FORD, Ora Lee and Pal D.

B 88895 Lemon Grove Review October 2

FICTITIOUS BUSINESS NAME STATEMENT
File No. 75 7483

The following persons are doing business as: Burroughs Gifts at 1063 E. Main St., El Cajon, CA 92021

Edward N. Burroughs
1507 Sun Dial Terrace
El Cajon, CA 92021
Elizabeth A. Burroughs
1507 Sun Dial Terrace
El Cajon, CA 92021

This buiness is conducted by an individual.

Signed Edward N. Burroughs
Elizabeth A. Burroughs

This statement was filed with the County Clerk of San Diego County on Sept. 4, 1975.

Expires Dec. 31, 1980

L.G. Review Sept. 11, 18, 25, Oct. 2

FICTITIOUS BUSINESS NAME STATEMENT
File No. 75 8130

The following person is doing business as: ABEL MOVING & STORAGE at 6127 Fairmount Ave., San Diego, CA 92120

James A. Tucker
2540 Balboa Vista Dr.
San Diego, CA 92105

This business is conducted by an Individual.

Signature James A. Tucker, Owner

This statement was filed with the County Clerk of San Diego County on Sept. 25, 1975.

Expires Dec. 31, 1980

L.G. Review Oct. 2, 9, 16, 23

FICTITIOUS BUSINESS NAME STATEMENT
File No. 75 8037

The following person is doing business as: LOU'S AUTOMOTIVE at 9909 Campo Road, Spring Valley, Calif. 92077

Louis Pelletier
2528 Doubletree Road
Spring Valley, Calif. 92077

This business is conducted by an Individual.

Signed Louis Pelletier

This statement was filed with the County Clerk of San Diego County on Sept. 23, 1975.

Expires Dec. 31, 1980

B88852 Spring Valley Bulletin Oct. 2, 9, 16, 23

FICTITIOUS BUSINESS NAME STATEMENT
FILE NO. 75-7861

The following person is doing business as: GRIFFIN'S LAIR ANTIQUES at 2619 IMPERIAL AVENUE LEMON GROVE, CALIFORNIA 92045

SANDRA E. EWING, 3850 AMERICAN AVENUE LA MESA, CALIFORNIA 92041

This business is conducted by AN INDIVIDUAL.

Signed Sandra E. Ewing

This statement was filed with the County Clerk of San Diego County on Sept. 17, 1975.

Expires Dec. 31, 1980

B90184 Lemon Grove Review, Sept. 25, Oct. 2, 9, 16, 1975

FICTITIOUS BUSINESS NAME STATEMENT
FILE NO. 75-7698

The following person is doing business as: Bentley Sharpening Service at 9381 Lamar St. Spring Valley, Calif. 92077

Robert Merwin Bentley, 9381 Lamar St. Spring Valley, Calif. 92077

This business is conducted by an individual.

Signed Robert M. Bentley

This statement was filed with the County Clerk of San Diego County on Sept. 11, 1975.

Expires Dec. 31, 1980

S.V. Bulletin, Sept. 18, 25, Oct. 2 & 9

FICTITIOUS BUSINES NAME STATEMENT
File No. 75 7801

The following person is doing business as: GROVE ELECTRIC at 1745 Dartmoor Drive, Lemon Grove, Calif. 92045

Bruce Leavitt
1745 Dartmoor Dr.
Lemon Grove, Ca. 92045

This business is conducted by an Individual.

Signed Bruce B. Leavitt

This statement was filed with the County Clerk of San Diego County on Sept. 15, 1975.

Expires Dec. 31, 1980

L.G. Review Sept. 18, 25, Oct. 2, 9

FICTITIOUS BUSINESS NAME STATEMENT
File No. 75 7800

The following person is doing business as: HIPPITY HOP PRESCHOOL at 1055 Naranca, El Cajon, CA. 92021

Yvonne Williams
5769 Tex Street
La Mesa, CA. 92041

This business is conducted by An Individual.

Signature Yvonne Williams

This statement was filed with the County Clerk of San Diego County on Sept. 15, 1975.

Expires Dec. 31, 1980

L.G. Review Sept. 18, 25, Oct. 2, 9

FICTITIOUS BUSINESS NAME STATEMENT
File No. 75 7799

The following person is doing business as: HAX-N-SON CONSTRUCTION at 1765 Colter Lake Court, El Cajon, CA 92020

Michael D. Haxton
1765 Colter Lake Court
El Cajon, CA 92020

This business is conducted as an Individual.

Signature Michael D. Haxton, Owner

This statement was filed with the County Clerk of San Diego County on Sept. 15, 1975.

Expires Dec. 31, 1980

L.G. Review Sept. 18, 25, Oct. 2, 9

FICTITIOUS BUSINESS NAME STATEMENT
File No. 75 7798

The following person is doing business as: VALLEY EXXON at 600 North Second, El Cajon, CA. 92021

MARVIN K. WARD
8985 Mariposa St.
La Mesa, CA. 92041

This business is conducted by An Individual.

Signature Marvin K. Ward

This statement was filed with the County Clerk of San Diego County on Sept. 15, 1975.

Expires Dec. 31, 1980

L.G. Review Sept. 18, 25, Oct. 2, 9

FICTITIOUS BUSINESS NAME STATEMENT
FILE NO. 75-7444

The following person is doing business as: Lido's Italian Foods at 7252 Broadway Lemon Grove, Calif. 92045

Nick Farella, 1925 Windmill View El Cajon, Calif. 92021

This business is conducted by an individual.

Signed Nick Farella

This statement was filed with the County Clerk of San Diego County on Sept. 3, 1975.

Expires Dec. 31, 1980

L.G. Review, Sept. 18, 25, Oct. 2, 9

FICTITIOUS BUSINESS NAME STATEMENT
File No. 75 7771

The following persons are doing business as: CINECO INVESTMENTS at 8240 Parkway Drive, La Mesa, Calif. 92041

Cine-Vista Corporation Inc.
Walter G. Long, Pres.
7590 El Cajon
La Mesa, 92041
C. M. Christensen
7590 El Cajon
La Mesa, 92041
Eugene L. Oftedahl
7590 El Cajon
La Mesa, 92041

This business is conducted as a General Partnership.

Signature Walter G. Long

This statement was filed with the County Clerk of San Diego County on September 12, 1975.

Expires Dec. 31, 1980

L.G. Review Sept. 18, 25, Oct. 2, 9

FICTITIOUS BUSINESS NAME STATEMENT
File No. 75 7433

The following persons are doing business as: Diversified Service Company at 44 3rd Ave No. A, Chula Vista, California 92010

Gabriel C. Baltierra
971 Maria Way
Chula Vista 92011
Joyce E. Baltierra
971 Maria Way
Chula Vista 92011

This business is conducted as a General Partnership

Signature

J. E. Baltierra, Partner

This statement was filed with the County Clerk of San Diego County on Sept. 3, 1975.

Expires Dec. 31, 1980

S.V. Bulletin Sept. 25, Oct. 2, 9, 16

FICTITIOUS BUSINESS NAME STATEMENT
File No. 75 8014

The following persons are doing business as: AMERICAN AUTOMATIC FIRE PROTECTION at P. O. Box 2664, El Cajon, CA. 92021, 13528 Los Coches Rd. East El Cajon, CA. 92021

DALE KENNEDY
4277 Everts
San Diego, CA. 92103
MICHAEL ERWIN
13528 Los Coches Rd. East
El Cajon, CA, 92021

This business is conducted by A General Partnership.

Signature Dale Kennedy

This statement was filed with the County Clerk of San Diego Counyt on Sept. 22, 1975.

Expires Dec. 31, 1980

L.G. Review Sept. 25, Oct. 2, 9, 16

FICTITIOUS BUSINESS NAME STATEMENT
FILE NO. 75-7683

The following persons are doing business as: Monte Vista Lodge at 2211 Massachusetts Avenue Lemon Grove, California 92045

Sidney A. Goodman, 6490 Excelsior Blvd. Mpls., Minn. 55426
William S. Relling, 6490 Excelsior Blvd. Mpls., Minn. 55426
John B. Goodman, 6490 Excelsior Blvd. Mpls., Minn. 55426
Donna M. Hanson, 6490 Excelsior Blvd. Mpls., Minn. 55426
Ethel D. Barr Trust, 100 North 7th Street, Minneapolis, Minnesota
Morris Lava, 4360 Brookside Court Minneapolis, Minnesota
Wilfred Perper, 5700 West Lake Street Minneapolis, Minnesota
Harvey Werner, 3912 West 25th Street, Minneapolis, Minnesota
I. S. Joseph Company, 100 Flour Exchange Bldg. Minneapolis, Minnesota
Violet Hertzberg, 64090 Excelsior Blvd. Minneapolis, Minnesota
Amos Heilicher, 7600 Wayzata Blvd. Minneapolis, Minnesota
Daniel Heilicher, 7600 Wayzata Blvd. Minneapolis, Minnesota
Morris Chalfen, 616 Plymouth Building Minneapolis, Minnesota
Carl Chalfen, 20 South 7th Street, Minneapolis, Minnesota
Harold Ring, 100 North 7th Street, Minneapolis, Minnesota
Martin Ring, 100 North 7th Street, Minneapolis, Minnesota

This business is conducted by a General Partnership.

Signature Violet Hertzberg

This statement was filed with the County Clerk of San Diego County on September 10, 1975.

Expires Dec. 31, 1980

Spring Valley Bulletin, Sept. 18, 25, Oct. 2 & 9

FICTITIOUS BUSINESS NAME STATEMENT
File No. 75 7924

The following persons are doing business as: BRIGHTWOOD ASSOCIATES at 110 West "A" Street, Suite 1500, San Diego, California 92101

PETER SHENAS
6109 Madra Avenue
San Diego, California 92120
GEORGE P. SHENAS
9828 Fuerte Drive
La Mesa, California 92041
ANITA TAYLOR
3967 North Granada
Spring Valley, California 92077
GENE YORK
72 Sandalwood No. L9
Chula Vista, California 92010

This business is conducted as a limited partnership.

Signature George P. Shenas, General Partner

This statement was filed with the County Clerk of San Diego County on Sept. 18, 1975.

Expires Dec. 31, 1980

L.G. Review Sept. 25, Oct. 2, 9, 16

FICTITIOUS BUSINESS NAME STATEMENT
File No. 75 7598

The following persons are doing business as: WEST COAST SPORTS at 10761 Jamacha Blvd., Spring Valley, Calif.

Rocky Dillon
2422 Coach Drive
Spring Valley, Calif. 92077
Willie O'Ree
5310 Caminito Mindy
San Diego, Calif. 92105

This business is conducted by a General Partnership.

Signature Rocky Dillon
Willie O'Ree

This statement was filed with the County Clerk of San Diego County on Sept. 8, 1975.

Expires Dec. 31, 1980

S.V. Bulletin Sept. 11, 18, 25, Oct. 2

FICTITIOUS BUSINESS NAME STATEMENT
File No. 75 7481

The following person is doing business as: SUPERNURSERY at 9729½ Campo Rd., Spring Valley, CA 92077

J. E. Peever
2034 Terraspiro
Spring Valley, CA 92077

This business is conducted by an individual.

Signed J. E. Peever

This statement was filed with the County Clerk of San Diego County on Sept. 4, 1975.

Expires Dec. 31, 1980

S.V. Bulletin Sept. 11, 18, 25, Oct. 2

FICTITIOUS BUSINESS NAME STATEMENT
File No. 75 7482

The following person is doing business as: The Rainforest at 7341 Clairemont Mesa Blvd. San Diego 92111

Michele A. Shimek
3341 Par Dr.
La Mesa, Calif.

This busines is conducted by an Individual.

Signature Michele A. Shimek

This statement was filed with the County Clerk of San Diego County on Sept. 4, 1975.

Expires Dec. 31, 1980

L.G. Review Sept. 11, 18, 25, Oct. 2

FICTITIOUS BUSINESS NAME STATEMENT
File No. 75 7484

The following person is doing business as: SUNSHINE AUTO BODY & PAINT at 2295 Imperial Ave., Lemon Grove, CA 92045

Arthur F. Grindstaff
2842 Washington St.
Lemon Grove, CA 92045

This business is conducted by an individual.

Signed Arthur F. Grindstaff

This statement was filed with the County Clerk of San Diego County on Sept. 4, 1975.

Expires Dec. 31, 1980

L.G. Review Sept. 11, 18, 25, Oct. 2

NOTICE OF TRUSTEE'S SALE
T.S. No. 75-23671

On October 22, 1975, at 1:00 P.M., FEDERAL NATIONAL MORTGAGE ASSOCIATION as duly appointed Trustee under and pursuant to Deed of Trust dated June 19, 1974 recorded June 24, 1974, as inst. No. —, in book 1974, File page 74-167721 of Official Records in the office of the County Recorder of San Diego County, State of California.

WILL SELL AT PUBLIC AUCTION TO HIGHEST BIDDER FOR CASH (payable at time of sale in lawful money of the United States) at the Broadway entrance to the County Courthouse, at 220 West Broadway, in the city of San Diego, all right, title and interest conveyed to and now held by it under said Deed of Trust in the property situated in said County and State described as:

Lot 4 of El Prado Heights, in the county of San Diego, state of California, according to Map thereof No. 2744, filed in the office of the County Recorder of said San Diego County, January 24, 1951. Also being a subdivision of a portion of El Prado Tract, according to Map thereof No. 1320, filed in the office of the County Recorder of San Diego County, March 11, 1911.

The street address and other common designation, if any, of the real property described above is purported to be: 2069 El Prado Avenue, Lemon Grove, CA 92045

The undersigned Trustee disclaims any liability for any incorrectness of the street address and other common designation, if any, shown herein.

Said sale will be made, but without covenant or warranty, express or implied, regarding title, possession, or encumbrances, to pay the remaining principal sum of the note(s) secured by said Deed of Trust, to-wit: $38,476.58, with interest thereon, as provided in said note(s), advances, if any, under the terms of said Deed of Trust, fees, charges and expenses of the Trustee and of the trusts created by said Deed of Trust.

The beneficiary under said Deed of Trust heretofore executed and delivered to the undersigned a written Declaration of Default and Demand for Sale, and a written Notice of Default and Election to Sell. The undersigned caused said Notice of Default and Election to Sell to be recorded in the county where the real property is located.

Date: September 10, 1975

FEDERAL NATIONAL MORTGAGE ASSOCIATION
as said Trustee,
By Mona L. Martin
Authorized Signature

B92153 Lemon Grove Review, Sept. 18, 25 & Oct. 2, 1975

FICTITIOUS BUSINESS NAME STATEMENT
File No. 75 6881

The following persons are doing business as: PAUL-WEIL HALF MOON BAY PROPERTIES at 175 West Lexington Avenue, Suite "B", El Cajon, California 92020

ROBERT E. PAUL & ASSOCIATES, INC., a California corporation
175 West Lexington Avenue
Suite "B"
El Cajon, California 92020
ROBERT E. PAUL
175 West Lexington Avenue
Suite "B"
El Cajon, California 92020

This business is conducted as a limited partnership.

Signature Robert E. Paul
General Partner

This statement was filed with the County Clerk of San Diego County on August 15, 1975.

Expires Dec. 31, 1980

L.G. Review Sept. 11, 18, 25, Oct. 2

FICTITIOUS BUSINESS NAME STATEMENT
File No. 75 6475

The following persons are doing business as: HELROB LEASING at 9303 Dillon Drive, La Mesa, California 92041

Mary Helen Robbins
9303 Dillon Drive
La Mesa, California 92041
Arlington Ray Robbins
9303 Dillon Drive
La Mesa, California 92041

This business is conducted by an individual.

Signed A. R. Robbins

This statement was filed with the County Clerk of San Diego County on Aug. 1, 1975.

Expires Dec. 31, 1980

L.G. Review Sept. 25, Oct. 2, 9, 16

FICTITIOUS BUSINESS NAME STATEMENT
File No. 75 8013

The following person is doing business as: JACOB'S ENTERPRISE at 3280 Olive Street Apt 32, Lemon Grove, Calif. 92045

Jack N. Coffin
3280 Olive St. Apt 32
Lemon Grove, CA. 92045

This business is conducted by an individual.

Signed Jack N. Coffin

This statement was filed with the County Clerk of San Diego County on Sept. 22, 1975.

Expires Dec. 31, 1980

L.G. Review Sept. 25, Oct. 2, 9, 16

NOTICE TO BIDDERS

The Grossmont Union High School District will receive bids on Miscellaneous Supplies and Equipment for:

Automotive, Building Materials, Books and Book Biding, Periodicals and Library, Cafeteria and Home Economics, Carpeting, Custodial, Electrical, Flexible Scheduling, Fuel Oil, Furniture

Gardening & Grounds, Hardware, Health Services, Industrial Arts, Instructional, Laundry Service

Liquid Petroleum Gas, Lockers, Maintenance Service on Electric Typewriters & Office Machines, Music & Musical Instruments, Office Machines, Other Maintenance Services

Printing, Rental of Office Machines & Equipment for Office & Instructional Purposes, Sale of Surplus Office & School Equipment, Tires and Tire Recapping, Tire Leasing, Trailer Towing, Transportation, Uniforms, Band & Choir

Each bid shall be submitted on a form obtained at the Purchasing Department of said District located at 1100 Murray Drive, El Cajon, California; (mailing address: P.O. Box 1043, La Mesa, California 92041); shall be sealed and filed in said Purchasing Department on or before 2:00 P.M. on

October 10, 1975

and will be publicly opened and read aloud at that time and place. The Grossmont Union High School District reserves the right to reject any or all bids, to accept or reject any one or more items of a bid or to waive any irregularities or informalities in the bids or in the bidding.

No bidder may withdraw his bid for a period of thirty (30) days after the date set for the opening of bids.

GROSSMONT UNION HIGH SCHOOL DISTRICT
William Funke, Clerk of the Governing Board, G.U.H.S.D.
Lemon Grove Review, Sept. 25, Oct. 2

NOTICE TO BIDDERS

The Grossmont Union High School District will receive bids on Miscellaneous Supplies and Equipment for:

Automotive, Building Materials, Books and Book Binding, Periodicals and Library, Cafeteria and Home Economics, Carpeting, Custodial, Electrical, Flexible Scheduling, Fuel Oil, Furniture

Gardening & Grounds, Hardware, Health Services, Industrial Arts, Instructional, Laundry Service

Liquid Petroleum Gas, Lockers, Maintenance Service on Electric Typewriters & Office Machines, Music & Musical Instruments, Office Machines, Other Maintenance Services

Printing, Rental of Office Machines & Equipment for Office & Instructional Purproses, Sale of Surplus Office & School Equipment, Tires and Tire Recapping, Tire Leasing, Trailer Towing, Transportation, Uniforms, Band & Choir

Each bid shall be submitted on a form obtained at the Purchasing Department of said District located at 1100 Murray Drive, El Cajon, California; (mailing address: P.O. Box 1043, La Mesa, California 92041); shall be sealed and filed in said Purchasing Department on or before 2:00 P.M. on

October 17, 1975

and will be publicly opened and read aloud at that time and place. The Grossmont Union High School District reserves the right to reject any or all bids, to accept or reject any one or more items of a bid or to waive any irregularities or informalities in the bids or in the bidding.

No bidder may withdraw his bid for a period of thirty (30) days days after the date set for the opening of bids.

GROSSMONT UNION HIGH SCHOOL DISTRICT
William Funke, Clerk of the Governing Board, G.U.H.S.D.
Lemon Grove Review, October 2, 9, 1975

USE-WANT ADS

469-0101 To Place An Ad 469-0101

CLASSIFIED ADVERTISING LOCAL RATES

PER INSERTION ORDER

TIMES	PER WORD
1 time	.08
2 times	.075
3 times	.06
4 thru 6 times	.055
7 plus	.05

Minimum charge, $1.50

REMEMBER

Tuesday, 12 noon, is deadline for Lemon Grove Review — Spring Valley Bulletin classified advertising, 469-0101.

Larry Flanagan
7588 Zemco St., L.G.
will receive two free dinners at Sir George's Smorgasbord House, El Cajon, California if you will come to Homeland Publishing Co., 7834 Lester ave., Lemon Grove for your free dinner certificate.

3 — Special Notices

Call Thomas & Son For
GARBAGE & TRASH DISPOSAL
461-2261

6 — Services Offered

Will do simple sewing.
462-2676

Now is the time to aerate compacted lawns. Reduce costly water runoff. Decrease 40-60% off lawn watering. Get more efficient use of fertilizer. Fernando, 469-4379. Also: landscaping, lawn renovating and sprinkler systems.

Concrete work, sidewalks, patios. 287-6904, 443-8568

Asphalt driveways, parking lots, sealing work. 287-6904, 443-8568

PAINTING
Commercial and Domestic
Work Guaranteed
461-5865

Yard and garage cleanups. Tree work. Reasonable. Bill Mills 462-8485

PAINTER
JOURNEYMAN
Painter, neat, over 15 yrs in area. Reas. rates, all work guar. 461-9384 eves.

Robert Flanham
8415 Adams St., L.G.
will receive two free potluck dinners at Charl-Mont Restaurant, College Grove, If you will come to Homeland Publishing Co., 7834 Lester Ave., Lemon Grove for your free dinner certificate.

INTERIOR, exterior painting. Finest workmanship. Reasonable rates. 25 years experience. 469-8508

HOUCK PROCESS STRIPPING
Wood, metal and veneer. 8450 Magnolia, Santee. Mastercharge. 449-6291

BANTA
280-3130
ACOUSTICS
THE ORIGINAL SPRAY ON CEILING SPECIALIST
State Lic. 283-430 bonded & Ins.
FREE GLITTER — 10 YR. GUAR.

Kenneth J. Fisher
230 Dathe St., S.V.
will receive a free car-load pass to the Ace Drive-in, Lemon Grove. Come to Homeland Publishing Co., 7834 Lester Ave., Lemon Grove for certificate.

9 — Situations Wanted, Women

Job wanted, expr secretary, part time. 469-1147 eves

13 — Employment — Men, Women

EARLY CHRISTMAS SHOPPERS
Need extra money? Good extra income available working as Amway distributor a few hrs per dy. For interview appointment call 463-8802

15 — Child Care

CHILD CARE IN MY LICENSED HOME. 479-6736

Will do babysitting, my home, day, night or wkly. 464-2905

Licensed child care, large home with fenced yard, hot meals and lots of activities. North Park area. 299-8246

43 — Acreage for Sale

GOV'T LAND $5 an acre. Write: Land Grant, 1174 Arrowhead Ave., San Bernardino, Ca. (Send Stamp)

46 — For Sale or Exchange

For sale or trade — 2 season tickets for next 6 Charger games. Went to last Sun. game, can't see well enough to follow ball so will sell. In plaza sec. 35, row 14, seats 5 and 6, on 40 yd line. Cost $8.50 each. Call 469-3232 before 9:30 am or after 7 pm. Ralph L. Brown

50 — Miscellaneous For Sale

Lemon Grove/ Spring Valley Soroptimist Garage sale, Oct. 4 and 5, 9-4. 7505 Pacific, Lemon Grove.

RUMMAGE SALE
Foothills United Methodist Church, 4031 Avocado Bl Casa de Oro, between Fuerte dr and Campo Rd). Fri, Oct 3, 9-4, Sat, Oct 4, 9-2.

1974 SINGER
Like new zig zag sewing machine with walnut table or portable case. Button holes, blind hems, elastic stitches, etc. Guarantee, and lessons still incl. Only $48.04 complete. Small pymts. 284-3553 anytime dlr.

6 ft. stereo, 7 yrs. $150, dryer Sears best, 1 yr. $150, like new double bed $50, port. dishwasher 2 yr. $35. 440-8099.

Youth bed with mattress, gas stove, Signature dryer, Kenmore washer, Camper shell. Reasonable. 463-8309

Zenith T.V. in cabinet, good condition $25. Large gold color rocker $30. 2 bedroom rockers $20 each. Also swap meet items. 463-2150

M. F. Haney
1351 Walbollen St., S.V.
Two free games of bowling at LOMITA LANES, 955 Cardiff. Tickets may be picked up at Homeland Publishing Co., 7834 Lester ave., Lemon Grove.

51 — Furniture For Sale

Castro Convertible sofa. xlent cond. w/ slip cover. $100
460-9259

52 — Lapidary Equipt. & Sup.

Classes Now Forming
SILVERSMITHING AND LAPIDARY
Wed. & Thurs., 7 to 10 P.M.
COFFEY'S LAPIDARY
Largest Inventory Lapidary Machinery, etc., S. D. County
Silver, Supplies, Books, etc.
9120 Jamacha Rd.
Spring Valley 466-1661

56 — Cameras and Supplies

NEED CASH?
L.G. Camera Shop will buy those used cameras, projectors, and other photo equipment you no longer use. Call 463-8833 or come to 7848 Bdwy.

59 — Wanted To Buy

Wanted To Buy
Quality Antique Furniture, Clocks, Dolls, Primitives
465-7830

Donald Karlson
3121 Central, S.V.
will receive two free dinners at Sir George's Smorgasbord House, El Cajon, California if you will come to Homeland Publishing Co., 7834 Lester ave., Lemon Grove for your free dinner certificate.

CASH — JUNK CARS
461-3124

I BUY JUNK CARS
239-9185

61 — Autos — New & Used

'71 VW, 55007. Good credit, just make pymts. 464-2656 dlr.

Bat Rabies Case Listed in County

The fourth case of bat rabies this year has been reported by Dr. Dean Thackrey, chief of animal health, County Veterinarian's Office. The animal was found near San Pasqual in the North County area.

The bat died after having contact with a cat which had not been vaccinated. The cat was destroyed to prevent further spread of the disease.

Dr. Thackrey reminds pet owners that all dogs over four months of age must be vaccinated against rabies. Revaccinations are required every two years. Vaccinations are available from any veterinarian or at rabies vaccination clinics at County Animal Shelters and other locations. The clinic most convenient to the affected area is at the County Road Station at Pomerado Road and Oak Knoll in Poway every Friday from 2 to 4 p.m. The fee is $2.

Dr. Thackrey recommended that cats also be vaccinated.

Specific answers on clinics for cats can be obtained from the San Diego County Veterinary Medical Association at 466-3400.

Burglar Gets Watch

Carmen A. Paige, of 934 Leland st., Spring Valley, put a wrist watch on the shelf in her closet.

While she was away one evening, someone entered an open window of her residence and took it.

She told sheriff's deputies that it was a man's watch worth $100.

Heat Wave Zaps Electric Power

Last week's heat wave set an all-time record for energy consumption in San Diego, SDG&E reported this week.

Air conditioners, fans, freezers and refrigerators were consuming 1619 megawatts of electricity on Tuesday at 3 p.m. when temperatures in the area were 100 degrees plus.

During the peak of Wednesday's heat, the old record of 1601 megawatts was reached.

UW/CHAD Officers Named for Grove

Volunteer division chairmen for the Lemon Grove 1975 United Way/CHAD Combined Campaign have now been fully recruited by community chairman Dr. Frank S. Drongowski.

Selected to serve as chairman of the important business division is Carl Lacki, branch manager of the Lemon Grove Bank of America. This division has the most accounts and requires the greatest effort by a chairman in recruiting and follow-through on the necessary contacts.

Education division chairman is Dr. Robert E. Sutton who is District Superintendent of the Lemon Grove School District. Professional division chairman is Richard Davallaro, DDS.

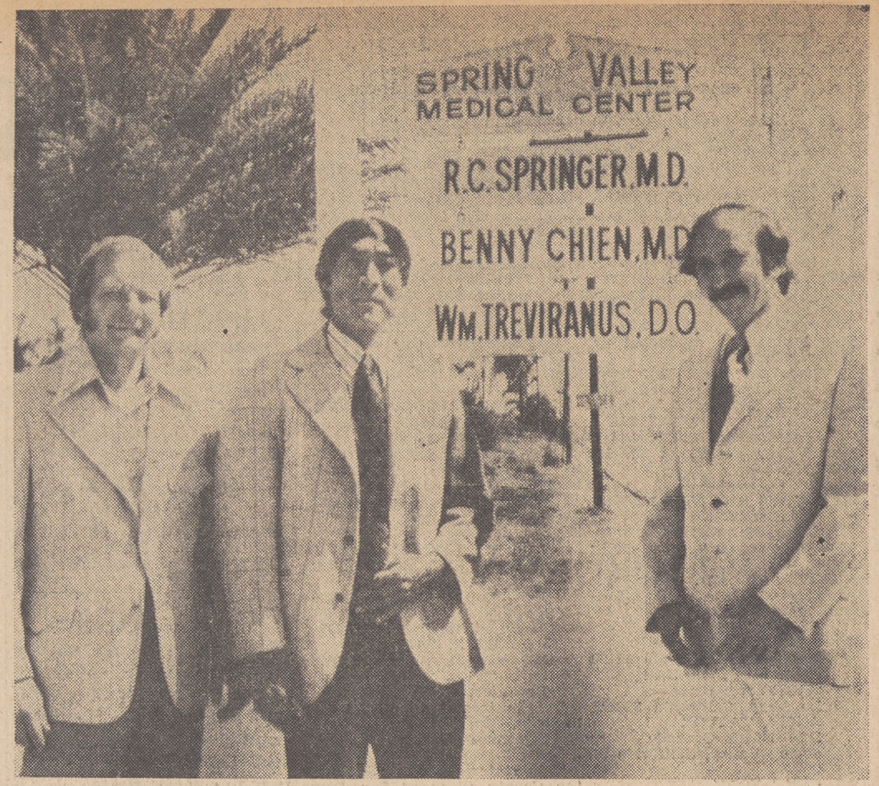
The goal figure in Lemon Grove for the 1975 United Way/CHAD Combined Campaign is $10,013.

Swap Meet Seller Cited

Sheriff's deputies cited Thomas Ray Steider, of 3825 Crane st., Lemon Grove September 14 at the Spring Valley Swap meet.

Police reported that a Heathkit AM/FM stereo with the serial number scratched off, was being offered for sale for $75 but it was not listed on a form required by police.

He was ordered to appear in El Cajon Municipal Court October 6 to answer the charge.



NEW MED CENTER — A new trio of physcians have established headquarters on Jamacha rd. in Spring Valley. Comprising the Spring Valley Medical Center are R. C. Springer, M.D.; Benny Chien, M.D. and William Treviranus, D.O. The Center opened in July across from K Mart.

Goodwill Marks Handicapped Week Starting Sunday

The week of October 5-11 is "Employ the Handicapped Week."

Goodwill's main plant at 402 5th ave., in San Diego will be open for tours 10 a.m.-3 p.m. Tuesday and Thursday so that the public may see one of the world's outstanding handicapped aid programs in operation.

Eugene Morrill, executive director of Goodwill Industries and director for the San Diego Employment of the Handicapped, said that the federal government has set an example of national leadership by employing more than a quarter of a million handicapped citizens.

In urging public response to handicapped needs, Morrill pointed out that an attitudinal gap often continues to separate handicapped men and women from participating fully in the working world. "The old prejudices, the old myths remain restricting these workers from functioning at their highest capability.

Goodwill exists solely for those who are handicapped, and is sustained by repairable discards, meeting the needs of the handicapped with vocational training, psychological care, personal counseling and rehabilitation. Goodwill men and women return to productive capacity in San Diego's economy and prove that its good business to hire the handicapped.

Morrill urged all employers to consider the handicapped in their hiring, pointing out that these people are not seeking sympathy or a hand-out, but a chance to show their worth.

Bayside Marlin Catch Is Heart Fund Benefit

The Mission Bay Marlin Club holds its second annual "Marlin Heart Tournament," Saturday with proceeds going to the San Diego County Heart Association.

Open tackle is used during the event, and the smallest and the second smallest Marlins caught by men, women and junior fishermen will win a number of weekend trips. Valuable door prizes will also be offered to participants. The event begins at 1 p.m. with "lines out" by 5.

A five-dollar entry is charged for this Open Invitational event, which includes a 7 p.m. barbeque.

Last year's tournament netted over $1,000. for the San Diego Heart Fund.

Locals Compete for New Best Entertainer Awards

Move over Emmies, Oscars, Grammies. Yet another ". . . of the Year" contest has been initiated.

Monday evening, October 6, ticket-bearing members of the populace will crowd into the Regency Room of Le Baron Hotel in Mission Valley to witness the doling of the First Annual San Diego Entertainer of the Year Awards.

Local entertainer and night club owner Kirk Bates is master of ceremonies and his group, Leaves of Grass, headline and perform as the house band for the awards. Musicians and entertainers will compete in three catagories: best performing single, best performing group and best performing show group.

Featured performers during the evening include the Joint Effort, a duo, half of which is Bob Soler, former Lemon Grove resident and graduate of Mt. Miguel High.

Others slated to perform are D. J. and Eddie, The Dr. Pepper Band, Waterfall, The Johnny Zorro Trio, Ronny Branam, Gabriel, The Show Biz Revue and Las Vegas singer and dancer, Essie Jones.

$4 pays admission, proceeds of which go to Muscular Distrophy. Tickets are available at the Starlight Room, El Cortez Hotel; Palais 500; Le Baron Hotel V.I.P. Lounge; The Alamo; Conception Bay Co.; Show Biz; Spank's and at the Le Baron the night of the awards.

No host cocktails and dancing begin at 7:30 p.m.

Record Number Lured Into Peace Corps In Job-Short Times

Unemployment in San Diego County accounted for an unprecedented 168 Peace Corps volunteer applicants during a four-day drive in August.

Over 60% of that total represent out-of-work teachers, business management specialists or skilled tradesmen, reported Ralph S. Coleman, Southern California ACTION recruitment manager. Many others, according to Coleman, were underemployed or working in jobs which did not require their specialized skills and experience.

The ranks of the underemployed often included recent college graduates unable to locate jobs which appropriately reflected their interests and backgrounds, said Coleman. He recalled instances when teachers with advanced degrees in education and classroom experience were found to be working as secretaries and clerks.

Teachers represent the singularly most needed category of skills for Peace Corps Fall assignments, noted Coleman who revealed national goals for attracting 1,000 educators with mathematics, science or language teaching experience.

Grossmont Shuttle Extends into Evening

The Grossmont College governing board agreed at their last meeting to extend shuttle bus service to evening students. The trial bus service runs hourly from Grossmont Shopping Center to the campus.

San Diego Transit transfers will be honored on the shuttle routes. One-way fare is 10 cents and the regular San Diego Transit student bus pass, $10, is honored.

Last evening bus is scheduled to leave the college at 10:03 p.m.

A similar service is offered to the campus from Santee.

Message to Youth: Jobs Are There; You Just Have to Train for Them

Even more than sports and Saturday night dates, the job market has taken over as the chief topic of conversation among youth today — especially since unemployment for 16 to 19 year olds has topped 19 per cent, more than double the national rate, according to the National Association of Trade and Technical Schools.

Look Around

Much less ominous than unemployment statistics is the Association's appraisal of the job scene today, as seen through facts supplied by the U.S. Department of Labor. The Association's report:

One of the problems which contribute to the large numbers of jobless youth is that high schoolers simply don't plan for careers, according to officials at the U.S. Department of Labor, who cite the lack of knowledge about various career opportunities and inadequate education as major factors.

Neal Rosenthal of the Labor Department's Division of Manpower and Occupational Outlook suggests that youths get as much information as possible about careers they would enjoy, including job outlook, duties involved, and educational requirements.

Where a high school diploma was once an automatic passport into the work world, today about 80% of jobs require specialized vocational education. The unskilled will have the worst time job hunting since many occupations are becoming increasingly complicated and technical. The discouraging fact is that one out of every three high school graduates leaves school without definite career plans, and as a result is threatened to be left behind in the race for over 60 million job openings expected in the next decade.

Crystal Ball

While a lack of training is a major stumbling block, there certainly isn't a lack of information. The Department of Labor recently published a thick "Occupational Outlook Handbook," an economic crystal ball of sorts since it predicts future opportunities in over 800 occupations.

The picture for teachers and boatswains, for example, is cloudy, while rapid growth is forecast for white collar positions and in the service producing industries such as computers, health care, the trades, repair and maintenance, banking and others.

Considerable growth is expected in the area of computers, the world's third largest industry. Computers are produced, used, outmoded and replaced with technical age speed. The need for qualified men and women to operate, maintain and repair them is staggering.

There were 150,000 computer operators in 1972, and 175,000 programmers. Both occupations will undergo rapid growth through the mid-1980's requiring an additional 200,000 workers, says the handbook.

And, as banks, insurance companies, credit card companies and state and local governments increase their use, not only will the need for people to run them increase, but also will the need for those capable of keeping them in good repair. The need for computer maintenance men will increase from 175,000 to 250,000 by 1985, according to the U. S. Department of Labor.

The Repair Industry

In fact, "Handbook" predicts that repairman of just about anything from toasters to airplanes is one of the fastest growing occupations there is. Demand is expected to increase rapidly due to many factors including a growing population and a higher standard of living which will allow more Americans to buy more labor-saving devices, which inevitably have to be fixed.

A well-paid field, salary ranges between $4-$7 per hour — and every community needs its share of repairmen. While the trade may be learned on the job in about three years, vocational school courses will teach a trainee more quickly, usually in 4 to 9 months.

But the home is not the only place where gadgets are liable to break down. The Labor Department predicts office machines are also going to need increasing attention as businesses and state and local governments buy and use more equipment to handle a growing volume of paper work which has to be typed, tabulated, copied, and perhaps even shredded. At least a year of training is required in this repair field due to the complicated and ever-changing technology involved.

Medicine's Growth

High schoolers and others about to plan careers would do well to consider the rapidly growing medical field. Employing over 3.5 million people, the outlook is excellent for qualified job seekers due to an increasing health consciousness among Americans made possible by more widespread insurance coverage, either private or through federal programs of health care.

Besides physicians and nurses, million of paramedics — medical assistants, operating room technicians, medical secretaries, nurses aides, dieticians, dental assistants, and many others — carry out the work of administering health care; and all are expected to be in great demand over the next decade!

Because of the maze of specialties, each requiring equally specialized training, many good jobs are passed over by young people. After all, how many children grow up wanting to be an optometric assistant? — Only about 11,000 as of 1972, yet this field offers a secure and interesting career.

An equally little known field — respiratory therapy — is in much demand, with good chances of advancement. Yet, only 1,800 respiratory therapists are available for the many thousands of hospitals and clinics.

While a B.A. may be obtained in respiratory therapy, shorter concentrated courses are given at vocational schools, reducing the time for training from four years to 18 months.

There are literally hundreds of similar careers going unnoticed by many Americans. To sum up the advice given by U. S. Labor Department officials — look before you leap into the job market.

Welfare

Nearly half of the 15,700 Vietnamese refugees who settled in California are receiving some form of public aid.

State Gov't Fellowships Offered Grads

Assemblyman Pete Chacon, D-San Diego, announced that applications are now being taken for the Assembly Fellowship Program for 1976-77. The fellowship begins August 2, and ends June 30, 1977. Fellows receive a salary of $764 monthly.

The Fellowship Program, now in its 17th year, provides an 11-month working education in the Assembly for recent college graduates with bachelors or advanced degrees in all fields of study.

The ten Fellows chosen will be assigned to staff positions with members of the Assembly for five months followed by six month placements with Assembly committees. The Fellows will research legislation, assist in committee business, work in both the District and Capital offices on specific projects assigned by members or staff consultants.

Applications may be obtained from the California Assembly Fellowhip Program c/o Political Science Department, University of California at Riverside, Riverside, CA 92502.

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